

Q_ID	Time submitted	Suggestion	Scope [1 IN; 0 OUT]	Uncertainty
P.1.1	Jul 24, 2016 7:53 AM	What exercises or massages might help	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.1.2	Jul 24, 2016 7:53 AM	What aids are available to help if my hands don't function well anymore	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.1.3	Jul 24, 2016 7:53 AM	What if I can't do my job anymore	0	
P.2.4	Jul 24, 2016 1:38 PM	Is radiotherapy not an alternative treatment for Dupuytren's instead of surgery	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.2.5	Jul 24, 2016 1:38 PM	Would I be entitled to any disability benefit if my Dupuytren's got worse and I had to finish work	0	
P.3.6	Jul 25, 2016 7:16 AM	Is there a definite genetic marker for Dupuytren's Contracture and can this be explored as a possible preventative approach to a cure?	0	
P.4.7	Jul 27, 2016 11:25 AM	Why is there limited access to drugs such as Xiapex when it is clearly the most inexpensive option for treatment for Dupuytren's.	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.4.8	Jul 27, 2016 11:25 AM	Why doesn't the NHS use Xiapex as the 'go to' treatment for treating contractures, why does the first choice have to be very expensive surgery?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.5.9	Aug 9, 2016 10:50 AM	I suffered from carpal tunnel syndrome in both wrists, and was due to be operated on approx 11 years ago when I lived in Italy. However I had to leave there suddenly, the operation was postponed and the condition	0	
P.5.10	Aug 9, 2016 10:50 AM	I have for many years had a nodule (similar to a callus) on the palm of my right hand at the base of my pinky. There is another but smaller at the base of my ring finger. Only recently, (over the past couple of	0	
P.5.11	Aug 9, 2016 10:50 AM	Can the above be related to the fibromas I have on the arches of both my feet?	0	
P.6.12	Aug 9, 2016 1:36 PM	what stage should Dupuytren's be treated	1	When and in whom should treatment for Dupuytren's be commenced?
P.6.13	Aug 9, 2016 1:36 PM	what is the healing time after treatment of Dupuytren's	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.6.14	Aug 9, 2016 1:36 PM	What physio is needed to help Dupuytren's patients	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.6.15	Aug 9, 2016 1:36 PM	What treatments are available for Dupuytren's in the midlands area	0	
P.6.16	Aug 9, 2016 1:36 PM	How to find a surgeon for Dupuytren's	0	
P.7.17	Aug 12, 2016 10:40 AM	Are there any exercises or noninvasive measures to reduce the onset or severity of Dupuytren's contracture?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.7.18	Aug 12, 2016 10:40 AM	At what stage is it best to undertake surgery for Dupuytren's Contracture?	1	When and in whom should treatment for Dupuytren's be commenced?
P.7.19	Aug 12, 2016 10:40 AM	To what extent is pain associated with Dupuytren's Contracture?	0	
P.8.20	Aug 12, 2016 6:45 PM	Like lots of people the large pads of muscle at the bases of my thumbs, and the bases of the thumbs themselves, sometimes ache, aren't very mobile, etc. Shooting pains aren't uncommon. Is there a way of helping	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
P.8.21	Aug 12, 2016 6:45 PM	How do I guard against further deterioration in a wrist issue (aches, sometimes slight weakness) given like most people I can't avoid using keyboards & computer mice or track pads?	0	
P.9.22	Aug 13, 2016 11:04 PM	Is there sufficient regularity or predictability in the various paths of post-operative recovery for it to be possible to issue advice more reliably to inform patient expectations -- bearing in mind that the range of variation	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.9.23	Aug 13, 2016 11:04 PM	Has there been research on hand and wrist conditions as components of depression or anxiety states? What action could be taken in a fully joined-up NHS to link surgeons' reports to relevant clinical	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
P.9.24	Aug 13, 2016 11:04 PM	In my experience carpal-tunnel syndrome builds up imperceptibly at first. Would it be possible and economically viable to diagnose the condition earlier, and if so, could treatment start while the effects are	0	
P.10.25	Aug 14, 2016 4:30 PM	What options or choices might I have regarding surgery or non-surgical procedures for Dupuytren's contracture?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.10.26	Aug 14, 2016 4:30 PM	If the surgery is considered a 'failure', would it be appropriate/risky to repeat the surgery?	1	Is revision surgery useful in recurrent Dupuytren's disease?
P.10.27	Aug 14, 2016 4:30 PM	After surgery and post-surgery therapy, is it likely that I will have to use a night splint/compression sleeve long-term to prevent worsening of the contracture?	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
P.10.28	Aug 14, 2016 4:30 PM	What is the likelihood of re-occurrence and/or the disease spreading to other fingers or parts of my hand?	0	
P.10.29	Aug 14, 2016 4:30 PM	Had I known about Dupuytren's contracture earlier, I might not have mistaken it for arthritis, and consequently sought medical help before it became so serious.	0	
P.11.30	Aug 15, 2016 5:14 PM	What things are you unable to do due to your hand or wrist condition?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.11.31	Aug 15, 2016 5:14 PM	How does the hand or wrist condition affect day to day life?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.11.32	Aug 15, 2016 5:14 PM	What makes hand or wrist conditions different from each other?	0	
P.11.33	Aug 15, 2016 5:14 PM	What are the differences in structure of the hand or wrist, with different conditions?	0	
P.11.34	Aug 15, 2016 5:14 PM	Does the hand or wrist condition stop you from doing things?	0	

P.12.35	Aug 19, 2016 1:51 PM	1. I would like to know when it is appropriate to use/wear splints ie when they are painful, or before they get painful?m	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.12.36	Aug 19, 2016 1:51 PM	2. What is the benefit of wearing finger splints for swan neck deformities?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.12.37	Aug 19, 2016 1:51 PM	3. My fingers are becoming deformed by bony deposits in the first & second finger joints how could I improve & help prevent them from getting worse?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.13.38	Aug 22, 2016 12:22 PM	Is the wearing of hand splints advisable during the night?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.13.39	Aug 22, 2016 12:22 PM	If the cubital nerves are damaged and the last 2 fingers numb, are there any recommendations for improving sensation?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.13.40	Aug 22, 2016 12:22 PM	What exercises might be effective for weak grasping?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.14.41	Aug 22, 2016 1:48 PM	Can continued use of hand exercises as recommended by OTs make a measurable difference in outcome in terms of reducing joint damage in the hands and wrists?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.14.42	Aug 22, 2016 1:48 PM	should splints be worn for protection of hand and wrist joints even when there is no current evidence of pain?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.15.43	Aug 24, 2016 1:35 PM	pain?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.15.44	Aug 24, 2016 1:35 PM	disability?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.15.45	Aug 24, 2016 1:35 PM	How does it stop everyday functions?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.15.46	Aug 24, 2016 1:35 PM	What can you no longer do?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.15.47	Aug 24, 2016 1:35 PM	What help do you need to complete everyday functions?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.16.48	Aug 25, 2016 3:52 PM	I am an active member at a gym and use free weights. Is this form of exercise detrimental to my future hand and wrist mobility?	0	
P.17.49	Aug 27, 2016 9:24 PM	What is best way to slow down the progress of OA of the CMC joint? eg physio, medication, surgery?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
P.17.50	Aug 27, 2016 9:24 PM	What can be done to retain or restore function in a hand with arthritis?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.17.51	Aug 27, 2016 9:24 PM	Why is there no relationship between degree of arthritis shown on X ray and severity as perceived by the patient? Would this be a fruitful line of research?	0	
P.18.52	Aug 28, 2016 8:32 PM	Stroke victim, rt arm useless - just bothersome - is there anything useful that can be done ?	1	Which patients with paralysis, spasticity or functional loss in the upper limb following brain or nerve injury, benefit from surgery in addition to non-surgical treatments?
P.19.53	Sep 6, 2016 2:38 PM	What is the long term result of 3LT reconstruction?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
P.19.54	Sep 6, 2016 2:38 PM	What has a better long term outcome, partial wrist fusion or 3LT	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
P.20.55	Sep 7, 2016 8:36 PM	Will I need to massage scar tissue on my hand for the rest of my life?	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
P.20.56	Sep 7, 2016 8:36 PM	How can I be kept up to date in developments in hand surgery that may improve my function?	0	
P.20.57	Sep 7, 2016 8:36 PM	What is the likely future prognosis for my hand condition?	0	
P.21.58	Sep 8, 2016 9:13 AM	How can the contracture be prevented from returning?	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
P.22.59	Sep 14, 2016 2:07 PM	Can I get any other AIDS to speed up my recovery	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.22.60	Sep 14, 2016 2:07 PM	How long is it likely to be before I get full use of my hand again	0	
P.22.61	Sep 14, 2016 2:07 PM	How many visits to the hand unit am I likley to make	0	
P.22.62	Sep 14, 2016 2:07 PM	Will the pain soon abate	0	
P.22.63	Sep 14, 2016 2:07 PM	Why is it only my forfinger and thumb are affected	0	
P.23.64	Sep 14, 2016 3:02 PM	What can I get to help with managing to get dressed open bottles and living a normal life?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.23.65	Sep 14, 2016 3:02 PM	How can I manage the pain, when/if my condition gets worse?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.23.66	Sep 14, 2016 3:02 PM	My hand doesn't like the heat, so is there are thing on the market to keep it cold, I know you can buy hand warmer but is there anything like that to keep them cold?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.23.67	Sep 14, 2016 3:02 PM	I have limited grip, what can be done to help with this problem, as I drop everything?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.23.68	Sep 14, 2016 3:02 PM	How long will my condition last? CPRS with arthritis following a fall in December 2015	0	
P.24.69	Sep 15, 2016 4:14 PM	If I have an operation to replace some of the joints, how long will they last and can they be replaced again?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?

P.24.70	Sep 15, 2016 4:14 PM	Can I have a joint fused after having a replacement that is not working well?	1	How is failed joint replacement in the hand/wrist best managed?
P.24.71	Sep 15, 2016 4:14 PM	What are the side effects of surgery and how common are they?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.24.72	Sep 15, 2016 4:14 PM	What is the range of recovery times to good function after surgery and what influences this?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.24.73	Sep 15, 2016 4:14 PM	Are there alternatives to replacement or fusion such as refashioning or cartilage seeding, or other as yet untested techniques in development, in case it is worth waiting for these?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.25.74	Sep 15, 2016 5:17 PM	How much should I use my hands and wrists when I am experiencing joint pain (a flare)?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.25.75	Sep 15, 2016 5:17 PM	What are the best aids to help me use my hands and wrists normally when I am experiencing pain?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.25.76	Sep 15, 2016 5:17 PM	What are the best aids to help me rest my hands and wrists?	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
P.25.77	Sep 15, 2016 5:17 PM	What alternative movements and joints can I use when I have joint pain and weakness?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.25.78	Sep 15, 2016 5:17 PM	Are there exercises I can do to improve my hand and wrist strength to make them more resilient during flares?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.26.79	Sep 15, 2016 5:58 PM	What type of damage and what extent of damage to the tendon(s) is required to trigger Dupuytren's Contracture in the little & ring fingers?	0	
P.26.80	Sep 15, 2016 5:58 PM	What differences in tissue, function, blood supply or nerve pathways promote the occurrence of Dupuytren's Contracture in the little finger and ring finger rather than the forefinger and thumb?	0	
P.27.81	Sep 18, 2016 4:51 PM	Osteoarthritis of thumb: What research is being done regarding treatment other than steroid injections or removal of the trapezium?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
P.27.82	Sep 18, 2016 4:51 PM	Where other countries are already researching treatments such as injections of adipose tissue into the joint are you currently or going to collaborate?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
P.27.83	Sep 18, 2016 4:51 PM	Where there is collaboration are there trials that patients can be a part of?	0	
P.27.84	Sep 18, 2016 4:51 PM	How can patients learn about current research and its development to avoid rushing into surgical management when there may be a non-surgical procedure within their grasp (sorry for the pun)?	0	
P.28.85	Sep 18, 2016 4:53 PM	What causes fingers to misshapen when arthritis is present	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.28.86	Sep 18, 2016 4:53 PM	Is further damaged caused to fingers when activities cause pain	0	
P.29.87	Sep 18, 2016 6:11 PM	More guidance on the long term affects of a hand injury. Eg issues that one might face as a result of the injury say in 1 year/5 years.	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.29.88	Sep 18, 2016 6:11 PM	More information about the final appearance of the hand once inflammation/swelling/healing has settled. Eg a series of photographs to help anticipate appearance and functionality. Perhaps a short video.	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.29.89	Sep 18, 2016 6:11 PM	Increased communication. Continuity of care givers.	0	
P.29.90	Sep 18, 2016 6:11 PM	Post operation follow up by the consultant. With full explanation of procedure and future treatment.	0	
P.30.91	Sep 21, 2016 1:38 AM	What is the success rate of surgical procedure?.	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.30.92	Sep 21, 2016 1:38 AM	Can surgery be repeated?.	1	Is revision surgery useful in recurrent Dupuytren's disease?
P.30.93	Sep 21, 2016 1:38 AM	What are the benefits of medication?.	0	
P.30.94	Sep 21, 2016 1:38 AM	Is there any current research nearing completion?.	0	
P.30.95	Sep 21, 2016 1:38 AM	What are the side effects of the medication?.	0	
P.31.96	Sep 23, 2016 7:16 AM	Are there any exercises that might help to prevent Dupuytren's from getting worse?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.31.97	Sep 23, 2016 7:16 AM	I have been told that Dupuytren's contracture is genetic, what sets it off?	0	
P.32.98	Oct 3, 2016 9:34 AM	Should a finger with two joint fractures be splinted. And if so, should this be a full length finger splint or partial? The treatment I was given has resulted in misaligned joints as only part	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.33.99	Oct 3, 2016 1:42 PM	Which alternative therapies may help with pain management for CRPS?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.33.100	Oct 3, 2016 1:42 PM	What can I do to help myself manage the pain of CRPS and to improve my movement?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.33.101	Oct 3, 2016 1:42 PM	Can an individual with CRPS have a pain management programme designed and monitored specifically for them?	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
P.33.102	Oct 3, 2016 1:42 PM	How long will I suffer with CRPS?	0	
P.34.103	Oct 4, 2016 10:45 AM	? cartilage replacement	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.34.104	Oct 4, 2016 10:45 AM	outcomes from surgical options	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?

P.34.105	Oct 4, 2016 10:45 AM	research into further controls for the inflammatory process in RA etc, preferably cheaper than biological and thus more widely available.	0	
P.35.106	Oct 4, 2016 10:50 AM	Can damage caused by swan neck condition be reversed.	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.35.107	Oct 4, 2016 10:50 AM	Are there anything other than finger splints which might inhibit the progress.	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.35.108	Oct 4, 2016 10:50 AM	How effective is surgery for this condition	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.35.109	Oct 4, 2016 10:50 AM	How important is physiotherapy after surgery	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.35.110	Oct 4, 2016 10:50 AM	Is there anything the patient can do to stop the development of it.	0	
P.36.111	Oct 4, 2016 10:52 AM	Will full mobility of the wrist ever become a reality?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.36.112	Oct 4, 2016 10:52 AM	What treatment is there for wrists that have naturally fused?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.36.113	Oct 4, 2016 10:52 AM	What can be done to increase strength in a damaged wrist?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.37.114	Oct 4, 2016 11:06 AM	Is there any research into the specific problems with thumbs in people with RA	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.37.115	Oct 4, 2016 11:06 AM	Is there any research or solutions for poor grip for people with RA especially thumb and first finger?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.37.116	Oct 4, 2016 11:06 AM	Can surgery help problem with weak finger joints for people with RAh	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.37.117	Oct 4, 2016 11:06 AM	How much proven benefit is there in using hand splints?	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
P.37.118	Oct 4, 2016 11:06 AM	How can hand and wrists be strengthened?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.38.119	Oct 4, 2016 11:26 AM	Does the pain in my knuckles necessarily equate to erosive damage?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.38.120	Oct 4, 2016 11:26 AM	My knuckles get very sore and hot even when (almost more than normal) when held in a set position for limited amount of time. Eg when carrying a 500g shopping bag. Why?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.39.121	Oct 4, 2016 11:59 AM	What benefit was gained by my having an X ray, rather than an MRI, of my wrist when although it looked like it was broken the HCPs all recognised it as inflammation and the gristle being forced out?	0	
P.39.122	Oct 4, 2016 11:59 AM	As I have had the condition for over six months is the damage permanent?	0	
P.39.123	Oct 4, 2016 11:59 AM	The increase in RA medication has slowly brought the swelling down so that the wrist is functional but it still feels weak. Can exercise help or hinder?	0	
P.39.124	Oct 4, 2016 11:59 AM	Am I stuck with this permanently or will it dip and rise?	0	
P.39.125	Oct 4, 2016 11:59 AM	Will an operation help?	0	
P.40.126	Oct 4, 2016 12:07 PM	Why do my wrists hurt more when I have not worn night splints all night?	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
P.41.127	Oct 4, 2016 12:23 PM	Should I wear wrist support all the time if I feel it helps or is it good to leave it off for a certain amount of time?	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
P.41.128	Oct 4, 2016 12:23 PM	What help can I ask for at work to get hand and wrist short at PCs/work station?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.42.129	Oct 4, 2016 12:44 PM	1. My wrists and hands feel fatigued and weak all the time now rather than pained. I have to rest them at night on soft pillows. Is "fatigued" the correct term and what could be causing this?	0	
P.42.130	Oct 4, 2016 12:44 PM	2. My hands feel tight all the time and gripping is hard. Could this be because the tight skin is stopping them from being fully flexible?	0	
P.42.131	Oct 4, 2016 12:44 PM	3. My knuckles of both hands always lock in the early hours. I can't clench them at all or lift the duvet or move pillows and there is always extreme pain in pinky and index knuckles. My right pinky sticks out always now. Is	0	
P.42.132	Oct 4, 2016 12:44 PM	4. All my fingertips on both hands itch and sting a lot - could this be a neuropathic itch as there's not a lot to see? I use moisturiser which helps prevent me scraping them to relieve. How do I put this in simple words	0	
P.42.133	Oct 4, 2016 12:44 PM	My middle knuckle has been permanently enlarged on my right hand for four years - is this typical of osteoarthritis and if so then why didn't it show up in x-rays taken a year ago?	0	
P.43.134	Oct 4, 2016 1:46 PM	Is it possible to get more function from my fingers?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.43.135	Oct 4, 2016 1:46 PM	Knuckle replacements have left me with bent fingers, why will they not go straight?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.43.136	Oct 4, 2016 1:46 PM	How to avoid my carpal tunnels swelling when I use my hand/fingers?	0	
P.44.137	Oct 4, 2016 2:10 PM	Is it possible to prevent the worsening of ulnar drift in a long term RA sufferer with active disease?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.44.138	Oct 4, 2016 2:10 PM	Is there any surgery which can repair the damage caused by long term RA - e.g ulnar drift?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.45.139	Oct 4, 2016 2:22 PM	Health professionals talk about hand deformity in RA patients being a thing of the past due to new drug therapies, what can be done to stop deformity and weakness if the drugs don't work and ones Hands are too	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?

P.46.140	Oct 4, 2016 2:54 PM	What is the best way to prevent further deterioration in the hands once they have become affected by RA?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.46.141	Oct 4, 2016 2:54 PM	Is it necessary to wear wrist supports all the time when they are affected by RA?	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
P.46.142	Oct 4, 2016 2:54 PM	Do operations on the hand due to RA last or does the deterioration continue afterwards?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.46.143	Oct 4, 2016 2:54 PM	Are hand operations successful?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.47.144	Oct 4, 2016 3:20 PM	Is there anything I can do to strenghten my wrists?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.47.145	Oct 4, 2016 3:20 PM	Why do I get trigger finger?	0	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
P.48.146	Oct 4, 2016 5:43 PM	What is the long term prognosis for my hands due to rheumatoid arthritis?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.48.147	Oct 4, 2016 5:43 PM	How will I be physically limited by having my wrists fused?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.48.148	Oct 4, 2016 5:43 PM	Will I be able to return to my job after wrist fusion?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.48.149	Oct 4, 2016 5:43 PM	Will fusion of joints take away pain eventually?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.48.150	Oct 4, 2016 5:43 PM	How likely is tendon rupture due to RA?	0	
P.49.151	Oct 4, 2016 6:05 PM	Which are the best exercises to help me maintain, mobility, strength and function in my hands and wrists?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.49.152	Oct 4, 2016 6:05 PM	Do night splints really help to prevent ulnar deviation and is there anything else I can do to minimise it?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.49.153	Oct 4, 2016 6:05 PM	Are there any tools or techniques that I can buy and use to help me to continue to live my life as normally as possible be at home and in the garden?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.50.154	Oct 4, 2016 6:29 PM	Rheumatoid Arthritis badly affected both my wrists to the extent that I could not peel a potato. I had hand surgery on both, It took about 6 months to get over and I had	0	
P.51.155	Oct 4, 2016 6:30 PM	Have you heard that Sarah Bradley who works as an advanced Occupational Therapy practitioner at Poole Hospital NHS trust has developed a keen interest in the management of complex phalangeal	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.51.156	Oct 4, 2016 6:30 PM	Can you rotate and move both of your wrist joints in the same way as you did before being diagnosed with rheumatoid arthritis?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.51.157	Oct 4, 2016 6:30 PM	Are you aware that your G.P. can refer you to your local hospital so that you can have hand splints made for each wrist which will greatly reduce the pain in your inflamed wrists due to active rheumatoid arthritis?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.51.158	Oct 4, 2016 6:30 PM	Did you know that according to findings recently published in The Lancet, tailored hand exercises e.g those by hand therapist Sarah Bradley could be a valuable addition to drug therapy for patients with	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.51.159	Oct 4, 2016 6:30 PM	Are you aware that all main hospitals in the UK have experienced hand therapists that can evaluate and identify problems affecting the upper limbs and did you know that hand therapists can provide advice	0	
P.52.160	Oct 4, 2016 7:41 PM	Is there any way of strengthening my wrists?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.52.161	Oct 4, 2016 7:41 PM	Am I harming my wrists by practicing yoga, whereby I spend time leaning on them in some positions	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.53.162	Oct 4, 2016 9:39 PM	Predicted long term out come of surgery and xrays through all procedures	0	
P.53.163	Oct 4, 2016 9:39 PM	Given information on previous surgery	0	
P.53.164	Oct 4, 2016 9:39 PM	Therapies that are available post surgery	0	
P.53.165	Oct 4, 2016 9:39 PM	Regularly monitored after surgery	0	
P.53.166	Oct 4, 2016 9:39 PM	Improvements in physiotherapy	0	
P.54.167	Oct 5, 2016 7:33 AM	Why, when I am feeling run down, does the skin down the side of my hands feels over sensitive?	0	
P.54.168	Oct 5, 2016 7:33 AM	Why is it so painful I try to stretch my fingers wide when in isn't joint restriction?	0	
P.55.169	Oct 5, 2016 8:49 AM	What makes a Stanley pin snap in the wrist after being there for many years?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.55.170	Oct 5, 2016 8:49 AM	Can further damage to the wrist and hands be prevented?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.55.171	Oct 5, 2016 8:49 AM	How does a surgeon decide if to pin or plate a wrist?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.56.172	Oct 5, 2016 12:31 PM	When you have lost connective tissue between the wrist bones, what can you do to try and keep some flexible movement.	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.56.173	Oct 5, 2016 12:31 PM	How do you get a right balance between using hands to keep them mobile but not overworking them which can cause damage.	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.56.174	Oct 5, 2016 12:31 PM	I have had some inflammation around my right wrist for 12 years. It is very low level most of the time. I have recently tried an osteopath (originally for back pain) but she has also worked on improving blood	0	

P.57.175	Oct 7, 2016 12:09 AM	Why are we unaware of what appliances are available for helping live with hand and wrist conditions?	0	
P.57.176	Oct 7, 2016 12:09 AM	Why are some items not available on the NHS but are not that expensive to buy on the web?	0	
P.57.177	Oct 7, 2016 12:09 AM	It can take a long time before a condition is treated even when we have a diagnosis. It can be very painful and combersum causing much distress for the suffer. Why is this and why is it that the patient is left in the dark.	0	
P.57.178	Oct 7, 2016 12:09 AM	When a patient actually has got some appliance and is told by the Dr /nurse or whatever and are then told that when they need them replaced they are told "just phone up or call in and we will replace	0	
P.57.179	Oct 7, 2016 12:09 AM	I know of a device that can help to stop your fingers from disfigureing as mine are but I don't know if it is available on the NHS or you can buy them privately and I can not find anyone to inform me how to go about	0	
P.58.180	Oct 7, 2016 10:18 AM	I have RA and have developed very unsightly nodules on both hands. Recently they have become so large that I knock them and they are not only painful but bleed.	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.59.181	Oct 8, 2016 10:33 AM	What exercises can I do to help improve the movement in my hand and reduce some of the pain?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.59.182	Oct 8, 2016 10:33 AM	Can anything be done to repair damage to hand joints caused by RA?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.59.183	Oct 8, 2016 10:33 AM	What can be done to make it easier to spot/diagnose RA sooner to help prevent damage occurring to joints? I think this is not just about tests to aid diagnosis but also how to raise awareness of the symptoms in GPs so	0	
P.60.184	Oct 9, 2016 10:26 AM	How long does Chronic Pain Syndrome Generally last?	0	
P.60.185	Oct 9, 2016 10:26 AM	How will Chronic Pain Syndrome effect my treatment and recovery?	0	
P.61.186	Oct 11, 2016 12:44 PM	Would day splinting in addition to nighttime splinting help to keep fingers straight after Dupuytren's Dermofasciectomy	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.61.187	Oct 11, 2016 12:44 PM	After a Darrach's procedure would in the long term intermittent wrist support help to prolong the efficacy of this procedure	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
P.61.188	Oct 11, 2016 12:44 PM	Despite the success of MPJ implants ulnar drift is still apparent. Again can splinting prevent or help this	1	How is failed joint replacement in the hand/wrist best managed?
P.62.189	Oct 12, 2016 11:28 AM	I have beginning stages of DD , do I do something about it now or wait? Do I do stretches or not?	1	When and in whom should treatment for Dupuytren's be commenced?
P.62.190	Oct 12, 2016 11:28 AM	I have noticed small bumps in my hand should a stretch these out? I have heard 2 schools of thought	1	When and in whom should treatment for Dupuytren's be commenced?
P.62.191	Oct 12, 2016 11:28 AM	If I chose radiation for DD ,at what stage do I need to get it done? And if I go this route in the beginning am I limiting what medically will be available to me further down the road?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.63.192	Oct 12, 2016 11:29 AM	What is the best treatment for dupuytren's. I have contracture in one hand and cords in the other. There is information quoting Na, Rt, open surgery. Seems these option are only available in certain places. I have	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.63.193	Oct 12, 2016 11:29 AM	After surgery does one have stiffness in the knuckle joints forever ?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.63.194	Oct 12, 2016 11:29 AM	Why isn't rt offered more in the USA, is it common in Britan?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.63.195	Oct 12, 2016 11:29 AM	Is Na a shorter term fix than open surgery?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.63.196	Oct 12, 2016 11:29 AM	What treatments are seen on the horizon for this disease?	0	
P.64.197	Oct 12, 2016 1:26 PM	Would use of splints to try to delay advancement of contractures of fingers be advisable?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.64.198	Oct 12, 2016 1:26 PM	What are the pros and cons of non-surgical options available for dealing with Dupuytren's contractures?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.64.199	Oct 12, 2016 1:26 PM	Are there recommended exercises/therapy that would be helpful in reversing the course of this disease (or at least prevent it from getting worse)?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.65.200	Oct 12, 2016 1:27 PM	Is it best to wait for surgery until my finger contraction , is there any thing I can do to slow the growth of nodules.	1	When and in whom should treatment for Dupuytren's be commenced?
P.66.201	Oct 12, 2016 1:44 PM	Any way to predict outcomes for different treatments??	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.66.202	Oct 12, 2016 1:44 PM	If chosen treatment makes condition worse,is it best to just wait and see before treatment??	1	When and in whom should treatment for Dupuytren's be commenced?
P.66.203	Oct 12, 2016 1:44 PM	Once you have a contractor is surgery the only fix??	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.66.204	Oct 12, 2016 1:44 PM	Splinting with a "dynamic" splint make contracture better or worse??	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.66.205	Oct 12, 2016 1:44 PM	Hand therapy worth the time and money?? Any exercises available to do at home?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.67.206	Oct 12, 2016 1:51 PM	Is there research showing good results from radiation treatment?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.67.207	Oct 12, 2016 1:51 PM	Can radiation treatment be repeated every 5-10 years?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.67.208	Oct 12, 2016 1:51 PM	How does needle aperotomy work? How often can it be repeated?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.67.209	Oct 12, 2016 1:51 PM	Will my children get this disease ?	0	

P.67.210	Oct 12, 2016 1:51 PM	Is plantar fasciitis a result of Dupuytren's or visa versa?	0	
P.68.211	Oct 12, 2016 2:06 PM	As a Dupuytren's person, do I need to limit the use of my hands or avoid certain activities to prevent further progression of the disease process?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.68.212	Oct 12, 2016 2:06 PM	What are the dietary recommendations to prevent progression of the disease?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.68.213	Oct 12, 2016 2:06 PM	Are hand surgeons provided with current information at general seminars to indicate changes in protocol for specific hand diseases? For example, surgery is NOT always the best first treatment option for	0	
P.68.214	Oct 12, 2016 2:06 PM	Are there any bloodmarkers to indicate probability of disease development in family members of a Dupuytren's Disease patient?	0	
P.68.215	Oct 12, 2016 2:06 PM	What are the common coexisting Diseases associated with Dupuytren's Disease?	0	
P.69.216	Oct 12, 2016 6:43 PM	Having regular follow ups to monitor the disease , custom made splints. Is there any positive research to find a cure .	0	
P.70.217	Oct 12, 2016 10:39 PM	What is the durability of Radiation Therapy for Dupuytren's and Ledderhose Diseases?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.70.218	Oct 12, 2016 10:39 PM	Many surgeons do not accept Radiation Therapy as a valid treatment option for Dupuytren Disease. They claim that prior RT for DD causes problems with healing should a salvage surgery become necessary. We	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.70.219	Oct 12, 2016 10:39 PM	What is the incidence of acute side effects with Radiation Therapy for Dupuytren Disease and what percentage of these acute side effects become permanent?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.70.220	Oct 12, 2016 10:39 PM	What is the incidence of severe side effects from triamcinilone for Dupuytren Disease? CRPS? Nerve damage? Immediate contracture of fingers?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.70.221	Oct 12, 2016 10:39 PM	Better understanding of the genetics of Dupuytren and Ledderhose Disease with ability to predict percentage chance of offspring getting the diseases and medications to prevent onset.	0	
P.71.222	Oct 14, 2016 1:29 AM	Is there a specific genetic or blood marker for Dupuytren's disease (and Ledderhose disease and Peyronie's disease) that can be tested for?	0	
P.71.223	Oct 14, 2016 1:29 AM	What treatment can be used to completely prevent the development or stop the progression of Dupuytren's, Ledderhose, & Peyronie's diseases?	0	
P.71.224	Oct 14, 2016 1:29 AM	Why aren't more hand surgeons aware of the long history of radiation therapy for Dupuytren's disease?	0	
P.72.225	Oct 15, 2016 5:42 PM	What can be done to make more Primary Care Physicians aware of Dupuytren's Diseases, what causes them and what treatments are available?	0	
P.73.226	Oct 15, 2016 7:10 PM	Why my middle finger left hand will not bend after implant.	1	How is failed joint replacement in the hand/wrist best managed?
P.73.227	Oct 15, 2016 7:10 PM	Left hand ring finger trigger release PIP joint is still painful on that finger and I also developed dupen disease and cords where the release was done	0	
P.73.228	Oct 15, 2016 7:10 PM	Back up and consultant need to help the patient when things go wrong	0	
P.73.229	Oct 15, 2016 7:10 PM	Hand physio was useless and fingers were strapped wrong But nothing was done Consultant just turned a blind eye so I have been left with a bad left	0	
P.74.230	Oct 15, 2016 9:25 PM	Other than Xiaflex is there any other minimally invasive treatments?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.74.231	Oct 15, 2016 9:25 PM	Will my hands ever be normal again?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.74.232	Oct 15, 2016 9:25 PM	Is there any research on a cure?	0	
P.75.233	Oct 16, 2016 9:23 AM	If we remove the gelatenous substance as it develops, can we stop progression of the Heberdens node	1	When and how should mucoid cysts/Heberden's nodes be treated?
P.75.234	Oct 16, 2016 9:23 AM	What can I do to prevent osteo arthritis.	0	
P.75.235	Oct 16, 2016 9:23 AM	What can I do to reduce the development of heberdens nodes. Why do heberdens ens nodes develop, and of what do they consist. Pain is infinitely worse than the actual joint destruction process. Why?	0	
P.75.236	Oct 16, 2016 9:23 AM	Herberdens nodes They are excruciatingly painful and when first developing appear, to consist of a gelatinous substance which when squeezed out, reduce pain.	0	
P.75.237	Oct 16, 2016 9:23 AM	Herberdens node. What is the gelatinous substance and what is its purpose. The pain is like having hot needles stuck under the skin. What is the mechanism for this pain and does it serve any purpose	0	
P.76.238	Oct 16, 2016 11:44 AM	To improve the life of joints, Knuckles etc	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
P.77.239	Oct 18, 2016 11:20 AM	Can Dupytrens be treated other than surgery	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.77.240	Oct 18, 2016 11:20 AM	Why is pain mainly treated by splinting thus adding to disability	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.77.241	Oct 18, 2016 11:20 AM	Can disfigurement be treated earlier to stop progression	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
P.77.242	Oct 18, 2016 11:20 AM	A way to treat osteoarthritis pain more efficiently	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
P.78.243	Oct 18, 2016 1:21 PM	With regards to any surgery undertaken to improve hand and wrist function, including pain reduction in patients who have damage caused by Rheumatoid Arthritis.a) How successful did the patient rate the	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
P.79.244	Oct 18, 2016 6:58 PM	I've recently been diagnosed with Psoriatic arthritis with my finger tips bring mainly affected - how can I protect these joints & when would I need to have surgery to fuse hem?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?

P.80.245	Oct 19, 2016 6:32 AM	I have rheumatoid arthritis. Why do the joints in my had and wrist hurt although ultrasound shows less than 1mm of inflammation so my rheumatologist says I do not need more treatment?	0	
P.81.246	Oct 19, 2016 11:45 AM	Best way to look after digital ulcers	1	Does surgery have a role in the treatment of the complications of Raynaud's disease/systemic sclerosis/scleroderma?
P.82.247	Oct 19, 2016 12:05 PM	cd surgery give me back my pincer grip? RA in fingers thumbs a nd wrists very weak - can't grip twist taps etc, writint terrible, 1 finger typing.	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
P.83.248	Oct 19, 2016 12:52 PM	I would like GPS to have more knowledge of Rhumeatioid	0	
P.83.249	Oct 19, 2016 12:52 PM	I would like more GPS to have knowage . Of Raynands and the hand	0	
P.83.250	Oct 19, 2016 12:52 PM	I would like more GPS to have some knowledge of scleroderma and the hand and wrist	0	
P.83.251	Oct 19, 2016 12:52 PM	I would like GPS to have more knowledge of fingers that uclerate .	0	
P.83.252	Oct 19, 2016 12:52 PM	I would like more education of scleroderma and Raynands and the hands	0	
P.84.253	Oct 19, 2016 1:10 PM	As I have Raynauds in my hands, will the number of attacks I have affect the overall circulation of my hands in the future?	0	
P.84.254	Oct 19, 2016 1:10 PM	Does Raynauds affect the way my skin repairs after cuts or bruising?	0	
P.84.255	Oct 19, 2016 1:10 PM	Will Raynauds cause problems with my finger joints as I have stiffness in them already and don't know if that's related?	0	
P.84.256	Oct 19, 2016 1:10 PM	Will Raynauds affect my hand grip and mobility?	0	
P.84.257	Oct 19, 2016 1:10 PM	Will there be a drug beyond Nifedipine available in the future?	0	
P.85.258	Oct 19, 2016 2:59 PM	How long will the recovery be after carpal tunnel surgery and what are the most common problems after	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.85.259	Oct 19, 2016 2:59 PM	What to do if you are worried about the way your wrist is healing	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.86.260	Oct 19, 2016 9:26 PM	How beneficial is massage in maintaining mobility for scleroderma patients?	0	
P.86.261	Oct 19, 2016 9:26 PM	Wearing gloves can help to retain the moisturizers used on hands. What materials would be most suitable for their manufacture for use in this modern touch screen world?	0	
P.87.262	Oct 20, 2016 7:52 PM	What can I do to help my hand function?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.88.263	Oct 27, 2016 3:29 PM	How does age effect the long term outcome of a breakdown of the knuckle	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.88.264	Oct 27, 2016 3:29 PM	How important is exercise to long term outcome	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.88.265	Oct 27, 2016 3:29 PM	What movement should be avoided so as not to aggravate the injury	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.89.266	Oct 28, 2016 9:40 PM	What is the best way to manage calcinosis in my fingers (part of my limited systemic sclerosis)?	1	Does surgery have a role in the treatment of the complications of Raynaud's disease/systemic sclerosis/scleroderma?
P.90.267	Oct 29, 2016 11:39 AM	Techniques and exercises of getting around osteoarthritis, especially for playing musical instruments	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit?
P.90.268	Oct 29, 2016 11:39 AM	How to treat overstretched ligaments specifically in fingers?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.90.269	Oct 29, 2016 11:39 AM	What promotes osteoarthritis (affecting fingers), and how can it be stopped/slowed down?	0	
P.90.270	Oct 29, 2016 11:39 AM	What is, if at all, the relationship between 'double jointed' (fingers or elsewhere) and osteoarthritis?	0	
P.90.271	Oct 29, 2016 11:39 AM	What is the relationship between 'double jointed' fingers and over-stretched ligaments?	0	
P.91.272	Nov 1, 2016 3:31 PM	How long should I refrain from driving?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.91.273	Nov 1, 2016 3:31 PM	How long should I stay off work and from physical lifting?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.91.274	Nov 1, 2016 3:31 PM	Is there any other help available?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.92.275	16/11/2016	what can be done about thumb joint pain and OA in dementia patients where placebo does not work and no one wants to carry out surgery?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
P.93.276	16/11/2016	What has a better outcome, physiotherapy or surgical repair of snapped/damaged radial/ulnar collateral ligament damage?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.93.277	16/11/2016	What's the best course of action to prevent thumb mcp joint collateral ligament damage in sport.	0	
P.94.278	20/11/2016	What is the recovery time from an operative procedure?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
P.94.279	20/11/2016	Are exercises really going to help?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?

P.94.280	20/11/2016	What are the treatment options?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
P.94.281	20/11/2016	Could you explain the relationship between breastfeeding and dequervains tendonitis?	0	
P.94.282	20/11/2016	How common is dequervains?	0	
P.95.283	24/11/2016	After almost a year since the procedure, there are still hard lumps below the skin. Is this normal and will they eventually disappear?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.95.284	24/11/2016	I have the beginnings of Dupuytren's in my right hand (verified by GP and surgeon). I've been advised to go back when I can't flatten my hand on the table. Is that correct or is treatment recommended at this early	1	When and in whom should treatment for Dupuytren's be commenced?
P.95.285	24/11/2016	I've had trigger finger release surgery on my left hand. Can I use my hand as normal, eg lifting weights and gym, or must I take it easy and not overstretch my hand?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.95.286	24/11/2016	Is it likely that Dupuytren's will also develop in my left hand?	0	
P.96.287	25/11/2016	What medication has been successful with Dupuytren's?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.96.288	25/11/2016	Will surgery increase my pain?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.96.289	25/11/2016	Will surgery make my hands worse than they are?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.96.290	25/11/2016	How do I stop the pain?	1	Does surgery have a role in the treatment of the complications of Raynaud's disease/systemic sclerosis/scleroderma?
P.96.291	25/11/2016	How do I stop the contracture?	0	
P.97.292	01/12/2016	Have any non-surgical treatments been developed in recent years?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.97.293	01/12/2016	Following hand surgery to ease Dupuytren's contracture about 10 years ago on the right hand, what is the likelihood of it occurring in the left hand or recurrence in the right?	0	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
P.97.294	01/12/2016	Are lumps that have developed on the tendons in the underside of the left foot related to Dupuytren's contracture? If so, can they be treated non-surgically?	0	
P.98.295	02/12/2016	When I broke my hand (middle metacarpal) my hand clicks when I move it. They said I don't need an operation but is the clicks normal? what should I do?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.98.296	02/12/2016	As a professional rugby player, I will be playing again after the injury is healed. Will this then lead to further problems in the future with age?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.98.297	02/12/2016	When I get back playing rugby after the recovery time do I need to wear anything protective over my hand?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.98.298	02/12/2016	last time I broke my hand, it left a lump. Is that something to be worried about?	0	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.99.299	05/12/2016	All information covered by surgeon .	0	
P.100.300	06/12/2016	What is the best splint for drop wrist?	1	What interventions/treatments will have the most positive effect following nerve injury?
P.100.301	06/12/2016	What can help sleeping after you've injured your arm/hand?	0	
P.101.302	06/12/2016	Can ganglions cause long term damage to my wrists?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit?
P.101.303	06/12/2016	For repetitive strain injury, what is the best way to reduce symptoms while still being able to carry out every day activities? I.e. how can you still work. type, knit without being in pain or being on medication the	1	What are the most reliable treatments for repetitive strain injury?
P.101.304	06/12/2016	Are there any things I can do, such as strengthening exercises, to help manage wrist pain and prevent long term damage? What evidence is there that they work?	1	What are the most reliable treatments for repetitive strain injury?
P.101.305	06/12/2016	Why do ganglions form? And why do they come and go?	0	
P.102.306	07/12/2016	how to best prevent future OA post trauma and pain in affected area through adaptation/ techniques of doing daily tasks?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
P.103.307	08/12/2016	Why do doctors insist that Dupuytren's does not hurt or affect your hand in any way until fingers contractions start, when I can find so many people with the condition that have pain and weakness?	0	
P.103.308	08/12/2016	Dupuytren's contracture is supposedly a common condition but many doctors have never heard of it or of all treatments that can be used to treat it other than surgery. is there any way to get more info out on it?	0	
P.103.309	08/12/2016	Could conditions like Dupuytren's be genetically treated (stem cell treatment, genetic modification)?	0	
P.103.310	08/12/2016	On the following page, why is radiation treatment or "other" not listed as an option?	0	
P.104.311	09/12/2016	What is the safest way to straighten the finger with a flexor tendon repair?	1	What are the best methods of treating tendon injuries?
P.104.312	09/12/2016	Is there something better than a button on my nail for my injury? It catches on things and I don't know how wash my hand with it.	1	What are the best methods of treating tendon injuries?
P.105.313	09/12/2016	how to know if Radiation for Dupuytren's will be effective?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.105.314	09/12/2016	how fast Dupuytren's is progressing? when to get which treatment?	1	When and in whom should treatment for Dupuytren's be commenced?

P.105.315	09/12/2016	effective treatment for trigger finger	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
P.106.316	10/12/2016	Has any research been done about physiotherapy for early Dupuytren's Contraction?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.106.317	10/12/2016	IS radiotherapy available for Dupuytren's Contraction in the UK?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.107.318	11/12/2016	What type of therapy is available in the area where you live?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.107.319	11/12/2016	Is surgery the only option a patient has, to remove all tumors that are present?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.108.320	13/12/2016	Is it possible to achieve the same excellent relief achieved by carpal tunnel decompression with some other non-operative strategy?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.109.321	15/12/2016	What's the best way to manage repetitive strain in the wrist from typing/using a mouse daily?	1	What are the most reliable treatments for repetitive strain injury?
P.109.322	15/12/2016	Do NSAIDs really reduce arthritic hand/wrist pain? (My Mother has been told to 'manage pain with NSAIDs' but she maintains that she feels no difference in pain at all.)	0	
P.109.323	15/12/2016	Does temperature alleviate pain for hand/wrist conditions linked to ME?	0	
P.109.324	15/12/2016	For skin-related hand/wrist conditions like eczema, should I be washing my hands more/less and with what type of soaps?	0	
P.109.325	15/12/2016	For skin-related hand/wrist conditions like eczema, should I be moisturising, or does that do more harm than good?	0	
P.110.326	16/12/2016	Following 2 surgical procedures for Dupuytren's contracture one very successful in 1993 on my left hand and another on my right in 2007 the condition recently returned in my right hand. I have just had Collagenase	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.111.327	17/12/2016	After any hand accident arthritis seems to always set in a variable number of joints affected. In my case a walking accident on wet ice left me with 3 totally fused fingers (digits 3,4,5). I would query if all such	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.112.328	18/12/2016	One of my GP's who I saw nearly two years ago indicated that I should wait until the condition worsened before having this looked at. Is this good advice or would earlier referral be more advantageous in treating	1	When and in whom should treatment for Dupuytren's be commenced?
P.112.329	18/12/2016	The condition was explained very clearly by my Consultant however one of the Gp's initially seen referred to the condition as a thickening of the tendon which is not that diagnosed as being Dupuytren's Disease. Is this	0	
P.113.330	19/12/2016	Why can the condition sometimes reoccur?	0	
P.114.331	19/12/2016	What are the chances of Dupuytren's contracture returning after surgery - in percentage terms based on real cases? I have been unable to get this information from my surgeon.	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.114.332	19/12/2016	What are the outcomes of surgery on the effects of function of hand/fingers after surgery of Dupuytren's contracture in percentage terms from real cases.	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
P.114.333	19/12/2016	Is there a difference in outcomes of surgery (Dupuytren's contracture) depending when surgery is performed (ie stage finger is at when operated on)	1	When and in whom should treatment for Dupuytren's be commenced?
P.114.334	19/12/2016	Dupuytren's contracture- supposed to be inherited genes but why is it that I have no relatives with it? What triggers it.	0	
P.114.335	19/12/2016	Is Dupuytren's Contracture development effected by activity/excessive activity ie occupational eg typist, or diet/nutrition.	0	
P.115.336	19/12/2016	What are the genetic/biochemical/cellular processes causing Dupuytren's contracture?	0	
P.115.337	19/12/2016	If there is already a definitive answer to question 1, how can this condition be a) prevented and/ or b) treated medically thus obviating the need for surgery?	0	
P.116.338	19/12/2016	Surgery has been very successful for my Dupuytren's condition having had 3 operations on my hands. I will need another soon, probably within the next two years on a finger that has already been straightened once.	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
P.116.339	19/12/2016	What are the early signs of Dupuytren's disease and can anything be done to prevent the condition becoming the problem that it becomes later on?	0	
P.116.340	19/12/2016	If Dupuytren's disease is a genetic condition is there a possibility to identify a person's susceptibility to it through DNA sequencing?	0	
P.117.341	20/12/2016	What are the longer term effects if I do not have treatment on a fully contracted finger?	1	When and in whom should treatment for Dupuytren's be commenced?
P.117.342	20/12/2016	When I first consulted my GP many years ago he said the small lump in the palm of my hand was probably scar tissue from when I had previously played rugby. A few years later when the ring finger started	0	
P.118.343	20/12/2016	even after you have received a full skin graft to four of your fingers (Dupuytren's Contracture), then one or more of your fingers begins to be affected again and you have been told by one member of the health care	1	Is revision surgery useful in recurrent Dupuytren's disease?
P.119.344	21/12/2016	IMMEDIATELY after surgery I developed severe arthritis in the index finger of the same hand and the ring finger of the other. Why? Physio said 'this can happen after hand surgery' I now have 3 bad fingers	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.119.345	21/12/2016	When is the best time to self refer?	1	When and in whom should treatment for Dupuytren's be commenced?
P.119.346	21/12/2016	Why was I not referred sooner? I knew the condition via my brother's experience and offered myself for early referral. This took 9 months to a year and I was then told that the finger joint had gone beyond the	0	
P.120.347	22/12/2016	When to operate on carpal tunnel	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.120.348	22/12/2016	Should all ulna nerves be transposed when patients only have symptoms at night with elbow bent.	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
P.121.349	25/12/2016	Does increasing my magnesium help with Dupuytren's disease?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?

P.122.350	26/12/2016	Does hand splinting help prevent or slow progression of contracture in Dupuytren's?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.122.351	26/12/2016	Are topical steroids a possible treatment for slowing or preventing Dupuytren's?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.122.352	26/12/2016	If a Dupuytren's cord has caused contraction in one finger does that mean other existing or future cords will also certainly cause a contraction?	0	
P.122.353	26/12/2016	Does massage or "body work" of the arms and shoulders cause micro-trauma that could worsen Dupuytren's?	0	
P.122.354	26/12/2016	What kinds of hand use should be avoided to prevent aggravating Dupuytren activity?	0	
P.123.355	29/12/2016	what dietary reconsiderations would yo suggest to help with this problem?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
P.123.356	29/12/2016	is there a link between dupuytren's contracture surgery and the onset of osteoarthritis?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
P.123.357	29/12/2016	what is the prognosis for long term osteoarthritis in the thumb joints?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
P.123.358	29/12/2016	what foods or alcohol should i avoid to help with osteoarthritis?	0	
P.124.359	30/12/2016	the factors affecting/inhibiting full recovery of fractures or tissue damage and the correlation they have	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.1.360	Aug 15, 2016 9:22 AM	Is collagenase injection more (cost) effective than needle fasciotomy for treating Dupuytren's disease?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.1.361	Aug 15, 2016 9:22 AM	What outcomes matter most to patients who are having treatment for common hand conditions?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.1.362	Aug 15, 2016 9:22 AM	Can the results of genetic or biomarker analysis predict how patients will respond to surgical or non-surgical treatments for common hand conditions?	0	
C.1.363	Aug 15, 2016 9:22 AM	Can we use the results of basic science research to produce new treatments for common hand conditions?	0	
C.1.364	Aug 15, 2016 9:22 AM	Can we use routinely collected hospital and primary care data to determine which treatments work best for common hand conditions?	0	
C.2.365	Aug 15, 2016 9:28 AM	Do surgical treatments work better than non-surgical treatments for carpal tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.2.366	Aug 15, 2016 9:28 AM	What is the best method to treat pilot fractures of the PIP joint?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.2.367	Aug 15, 2016 9:28 AM	From a patient perspective, is small joint replacement better than small joint fusion for osteoarthritis of the hand?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.2.368	Aug 15, 2016 9:28 AM	From a patient perspective, is wrist replacement better than wrist fusion in osteoarthritis?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.2.369	Aug 15, 2016 9:28 AM	Can we use big data to find out which environmental exposures cause common hand conditions like carpal tunnel syndrome or Dupuytren's Disease, and intervene to prevent them?	0	
C.3.370	Aug 15, 2016 9:41 AM	Can splinting/compression be effective as a conservative treatment for Dupuytren's disease?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
C.3.371	Aug 15, 2016 9:41 AM	Does "psychologically informed" hand therapy improve outcomes following hand surgery for patients with depression, anxiety or pain beliefs?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.3.372	Aug 15, 2016 9:41 AM	What is the best patient rated functional outcome measure that we can consistently use across hand therapy/surgery?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.3.373	Aug 15, 2016 9:41 AM	What level of function is safe following extensor and flexor tendon repair in the hand? (Can patients work/drive earlier than we are currently letting them?)	1	What are the best methods of treating tendon injuries?
C.3.374	Aug 15, 2016 9:41 AM	Do cortical retraining techniques (eg mirror, bilateral movements, bilateral sensory retraining, visualisation...) improve outcomes following hand surgery/injury?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.4.375	Aug 15, 2016 12:36 PM	Which treatment for ulnar nerve compression at the elbow is preferred by patients?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.4.376	Aug 15, 2016 12:36 PM	Which treatment for Dupuytren's produces the best outcome as perceived by patients? (i.e., most acceptable with regards to correction of contracture, intrusiveness of treatment periods, and duration of	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.4.377	Aug 15, 2016 12:36 PM	Which treatment for thumb base arthritis is preferred by patients (simple trapeziectomy; trapeziectomy with ligament reconstruction; implant replacement)?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.4.378	Aug 15, 2016 12:36 PM	Which patients with wrist arthritis benefit from denervation procedures?	1	Is denervation (where the nerves that take pain from the joint to the brain are intentionally cut) of a painful joint a better option than alternative surgical treatment, and if so what are the best techniques for denervation and in which
C.4.379	Aug 15, 2016 12:36 PM	What is the long term outcome of arthroscopic wrist debridement in terms of patient satisfaction?	1	Which arthroscopic (keyhole) procedures in the hand/wrist give additional benefits to other surgical techniques or to no intervention?
C.5.380	Aug 18, 2016 10:59 AM	what is the most effective conservative treatment for cubital tunnel syndrome?	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.5.381	Aug 18, 2016 10:59 AM	Developing national guidelines for when a person can return to work following different injuries / surgeries, with agreed contraindications and work limitations / adjustments etc.	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.5.382	Sep 14, 2016 9:02 AM	STT OA - fusion or resection distal trapezium?	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.5.383	Aug 18, 2016 10:59 AM	With an ageing workforce, managing basal thumb arthritis is becoming more of a problem. ie can't afford to have time off work for trapezial surgery, and a need to return to load handling activities eg nursing,	0	
C.6.384	Aug 18, 2016 11:56 AM	Effectiveness of thermoplastic splinting for acute thumb tendonitis (EPL APB). Most studies mention the use but no consistency or high quality research giving definitive answers	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?

C.6.385	Aug 18, 2016 11:56 AM	Long term effectiveness of conservative management (hand therapy) for osteoarthritis of the base of the thumb. How effective is it? Is each modality? Which is most important and at what stage of the	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.6.386	Aug 18, 2016 11:56 AM	Is there any long term benefits in pain, retention of rom, disease management and deformity development from the use of custom made neoprene digitubes for OA DIPJs	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
C.6.387	Aug 18, 2016 11:56 AM	Long term follow up of PIPJ arthroplasties - which prosthesis retains the best movement, function and patient satisfaction?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.6.388	Aug 18, 2016 11:56 AM	How effective is kinesiology taping and/or wrist extension splinting for lateral epicondylitis, compared to injecting and doing nothing?	0	
C.7.389	Aug 19, 2016 9:43 AM	Is the use of splint based dynamic traction splintage more effective than invasive fixation or K-wire based traction in the treatment of phalangeal fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.7.390	Aug 19, 2016 9:43 AM	Does extensor tendon rebalancing surgery give long term benefit to patients with inflammatory arthropathies?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.8.391	Aug 19, 2016 11:14 AM	What are the best exercises to prevent ulnar drift in patients with Rheumatoid Arthritis?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.8.392	Aug 19, 2016 11:14 AM	Are splints a good idea for the IP joint of the thumb if they are unstable due to inflammatory arthritis?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.8.393	Aug 19, 2016 11:14 AM	What are the best exercises for Osteoarthritis of the thumb?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.8.394	Aug 19, 2016 11:14 AM	To maintain Range of Movement in osteoarthritis - do you need to exercise beyond pain? So that you get maximum Range of movement in the long term?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
C.8.395	Aug 19, 2016 11:14 AM	Long term benefits at least - what are the outcomes for the following hand surgery; PIP replacement? Trapeziectomy? Fusion of the MC of the thumb?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.9.396	Aug 21, 2016 10:27 AM	Is repeated steroid injection over a long period a safe and cost effective treatment for carpal tunnel syndrome in comparison to surgery	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.9.397	Aug 21, 2016 10:27 AM	What is the best post-operative care regime after carpal tunnel surgery	1	What treatments are most effective for ongoing symptoms following surgery for carpal or cubital tunnel syndrome (or other entrapped nerves in the arm)?
C.9.398	Aug 21, 2016 10:27 AM	What is the best dose and steroid for injection treatment of CTS	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.9.399	Aug 21, 2016 10:27 AM	Should nerve conduction studies always be carried out before invasive treatment of carpal tunnel syndrome	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.9.400	Aug 21, 2016 10:27 AM	Why are some individuals more at risk of carpal tunnel syndrome than others - this is a rather vague topic and a fair amount is known about a variety of risk factors but this still needs more work	0	
C.10.401	Aug 23, 2016 9:45 AM	Do 3D prints of a patients fracture help explain the injury to the patient?	1	How can patient participation in hand therapy be maximised?
C.10.402	Aug 23, 2016 9:45 AM	Do pre-operative information leaflets improve patients understanding of their operation	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.10.403	Aug 23, 2016 9:45 AM	Is the incidence of Dupuytren's Disease in Europe in non-white caucasians increasing? (One would need to compare the incidence of DD in asians living in Asia compared to DD in asians living in Europe	0	
C.10.404	Aug 23, 2016 9:45 AM	What is the incidence of Dupuytren's Disease in Jews (I am seeing an increasing number of Jewish males with DD)	0	
C.11.405	Aug 23, 2016 9:55 AM	Surgery versus no surgery or placebo surgery	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
C.11.406	Aug 23, 2016 9:55 AM	Clinical trials for common procedures performed during hand surgery. Eg comparison of suture A with suture B, to bury a kwire or not.	0	
C.12.407	Aug 23, 2016 10:37 AM	Operative treatment 'does not' result in good outcome in post-trauma sequel Pseudo-boutonniere deformity of the PIP joint.	1	Do surgical or non-surgical methods give the best results in post-traumatic stiffness of the proximal interphalangeal joint (the middle knuckle of the finger)?
C.12.408	Aug 23, 2016 10:37 AM	The outcomes of tendon transfer for failed non-operative treatment of Boutonniere deformity	1	Following unsuccessful treatment for an acute tendon injury (snapping or cut), which techniques are most successful at restoring function?
C.12.409	Aug 23, 2016 10:37 AM	PIP joint replacements of the fingers: Can we rate the survivor-ship and outcomes. Is it worth replacing PIP joints?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.12.410	Aug 23, 2016 10:37 AM	What are the outcomes of DIP joint arthrodesis of the finger.	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.12.411	Aug 23, 2016 10:37 AM	MCP joint replacements of the Hand : What is the survivor-ship of the various prosthesis that we use. Could we produce a 'OCAP' rating (as we do with Hip & Knee replacements)and its outcome with Pain relief.	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.13.412	Aug 23, 2016 11:03 AM	What is the natural history of traumatic SL tears? Does surgery to fix acute tears result in better outcomes than the natural course of the injury?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.13.413	Aug 23, 2016 11:03 AM	Hypothesis: Rationing carpal tunnel surgery costs more than providing it. Needs proving.	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.13.414	Aug 23, 2016 11:03 AM	Distal radial fractures - which patients and fractures benefit from surgery?	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.14.415	Aug 23, 2016 11:41 AM	How can I regenerate cartilage in a damaged joint	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.14.416	Aug 23, 2016 11:41 AM	What neuroprotective interventions will improve nerve repair outcomes role of n-acetylcysteine for example.	1	What interventions/treatments will have the most positive effect following nerve injury?
C.14.417	Aug 23, 2016 11:41 AM	Benefit of extended wrist position in flexor tendon splinting?	1	What are the best methods of treating tendon injuries?
C.15.418	Aug 23, 2016 12:29 PM	Best treatment for chronic scapholunate instability (Brunelli vs others)	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.16.419	Aug 23, 2016 12:49 PM	How to determine the dividing line between appropriate and inappropriate pain and its effect on hand dysfunction and subsequent surgical management	0	

C.17.420	Aug 23, 2016 2:14 PM	Is it necessary to k wire partial scapho-lunate ligament injuries?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.17.421	Aug 23, 2016 2:14 PM	Does static splinting of closed central slip injuries actually prevent deformity or just make the finger very stiff?	1	What are the best methods of treating tendon injuries?
C.17.422	Aug 23, 2016 2:14 PM	Immobilise trapeziectomy patients?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.18.423	Aug 23, 2016 5:17 PM	When should you request nerve conduction studies in suspected carpal tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.18.424	Aug 23, 2016 5:17 PM	Is Trapeziectomy alone as good as any other procedure for thumb CMCJ osteoarthritis?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.19.425	Aug 23, 2016 7:10 PM	AIN palsy immediate exploration vrs conservative	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.19.426	Aug 23, 2016 7:10 PM	Palmer dupuytren's percutaneous fasciotomy vrs xiapex	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.19.427	Aug 23, 2016 7:10 PM	PRC vrs 4 corner fusion	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.19.428	Aug 23, 2016 7:10 PM	DIPJ arthrodesis wires vrs screws	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.20.429	Aug 23, 2016 7:42 PM	What is the best outcome measure for hand surgery	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.20.430	Aug 23, 2016 7:42 PM	how can we improve outcomes after peripheral nerve injury	1	What interventions/treatments will have the most positive effect following nerve injury?
C.20.431	Aug 23, 2016 7:42 PM	How can we improve outcomes after tendon injury/transfer/repair	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.20.432	Aug 23, 2016 7:42 PM	why do hands get stiff after surgery (may relate to CRPS as well) and how can we reduce this	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.21.433	Aug 23, 2016 8:43 PM	Should I be using Xiapex, or continuing perc needle fasciotomy	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.22.434	Aug 23, 2016 8:53 PM	What role could regenerative medicine play in hand surgery?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.22.435	Aug 23, 2016 8:53 PM	Do antibiotics reduce infection rates in hand trauma?	1	Does the use of antibiotics affect the infection rate following hand trauma or elective hand surgery?
C.22.436	Aug 23, 2016 8:53 PM	Are dressings or splints necessary for hand injuries?	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
C.22.437	Aug 23, 2016 8:53 PM	How can nerve repair be optimised?	1	What interventions/treatments will have the most positive effect following nerve injury?
C.22.438	Aug 23, 2016 8:53 PM	What is the underlying cause of radial dysplasia? How could treatment better address that?	0	
C.23.439	Aug 23, 2016 9:58 PM	needle fasciotomy vs surgery for map contracture in dupuytren's xiapex/surgery for pip jointhands@doctors.org.uk leading on to needle and xiapex for combined contracture ve surgery, correction/ function/	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.23.440	Aug 23, 2016 9:58 PM	what is the best treatment for thumb base arthritis in the under 60 age group. trapeziectomy/joint replacement	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.24.441	Aug 24, 2016 9:21 AM	Which distal radius fractures clearly benefit from open reduction and internal fixation?	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.24.442	Aug 24, 2016 9:21 AM	In the over 75 patients is there any benefit in reducing and or fixing distal radius fractures	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.25.443	Aug 24, 2016 10:13 AM	Does Demineralised bone graft give the same clinical healing rate and recovery as Autologous bone graft	1	In the treatment of broken bones that are not in the wrist and hand, which techniques demonstrate the greatest clinical and cost benefits?
C.25.444	Aug 24, 2016 10:13 AM	are cross wire fixations of proximal phalanx fractures more or less likely to cause tendon tethering and decreased functional outcome than ORIF	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.25.445	Aug 24, 2016 10:13 AM	what is the most comfortable way to securely immobilise a mallet injury	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.26.446	Aug 24, 2016 12:50 PM	is cast immobilisation with a combi-cast (soft cast + rigid splint) effective in treating distal radius fractures?	1	Can alternatives to plaster casts be used in the treatment of wrist fractures?
C.27.447	Aug 24, 2016 2:17 PM	Should a scaphoid injury be immobilised in a splint, below elbow cast or scaphoid cast?	1	Which patients with a recent scaphoid fracture would benefit from surgery rather than cast or splint treatment?
C.27.448	Aug 24, 2016 2:17 PM	Is a combi-cast technique (soft cast + rigid splint) effective in treating distal radius fractures?	1	Can alternatives to plaster casts be used in the treatment of wrist fractures?
C.28.449	Aug 24, 2016 9:36 PM	What are the most effective treatment for Dupuytren's disease?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.28.450	Aug 24, 2016 9:36 PM	What are the most effective treatments for base of thumb arthritis	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.29.451	Aug 25, 2016 9:49 AM	Best/most economic way of treating mallet finger.	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.29.452	Aug 25, 2016 9:49 AM	What is the optimum splinting (if any) for volar plate injuries	1	In common hand conditions that require splinting to maintain function or prevent deformity, what are the best splint designs and regimens for their use?
C.29.453	Aug 25, 2016 9:49 AM	Is splinting effective in Dupuytren's contracture? (pre or post surgery)	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
C.29.454	Aug 25, 2016 9:49 AM	Do specific exercises have any significant affect on OA thumb symptoms?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?

C.30.455	Aug 25, 2016 10:16 AM	Proper prospective randomised trial comparing MUA vs wire stabilisation vs ORIF of all distal radius fractures. NOT a highly selective observational study observing what we already know!	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.30.456	Aug 25, 2016 10:16 AM	Can trapeziectomy patients be splinted at 2 weeks rather than cast immobilised for 6?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.30.457	Aug 25, 2016 10:16 AM	What is the incidence of lymph oedema in hand and wrist surgery in patients who have had scullery clearance surgery?	0	
C.31.458	Aug 26, 2016 12:56 AM	Does radial shortening have a role in Kienbock's disease (RCT)	1	What is the role of surgery in Kienbock's disease?
C.31.459	Aug 26, 2016 12:56 AM	Reconstruction for static scapho-lunate instability without OA	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.31.460	Aug 26, 2016 12:56 AM	Steroid injections for Carpal Tunnel Syndrome (RCT)	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.31.461	Aug 26, 2016 12:56 AM	What is the role of Xiapex within the palette of treatments for Dupuytren's Disease	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.31.462	Aug 26, 2016 12:56 AM	How to optimise nerve grafts	1	What interventions/treatments will have the most positive effect following nerve injury?
C.32.463	Aug 26, 2016 7:36 AM	Outcome measures for hand conditions, what is the most affective and useable	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.32.464	Aug 26, 2016 7:36 AM	what is the best way to treat a tethered scar?	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.32.465	Aug 26, 2016 7:36 AM	Unspecified wrist pain, could there be a standardised assessment	0	
C.32.466	Aug 26, 2016 7:36 AM	Is acupuncture effective in the treatment of hand symptoms?	0	
C.33.467	Aug 27, 2016 8:37 AM	For failed ORIFs for scaphoid non union with avascular bone graft, which is preferable treatment, revision of ORIF with free vascularized bone graft or four corner fusion (in aspect of morbidity, cost of surgery.	1	In the treatment of broken bones that are not in the wrist and hand, which techniques demonstrate the greatest clinical and cost benefits?
C.33.468	Aug 27, 2016 8:37 AM	Is ORIF for distal radius fractures preferable than conservative treatment for active individuals?	1	Which factors indicate who can be treated without an operation rather than with surgery following a wrist fracture?
C.33.469	Aug 27, 2016 8:37 AM	What is the preferred treatment for Dupuytren's?	1	XX
C.33.470	Aug 27, 2016 8:37 AM	Is there a classification system to guide surgical reconstruction of the hemiplegic upper limb in adult patients? (Post stroke or traumatic brain injury)	1	Which patients with paralysis, spasticity or functional loss in the upper limb following brain or nerve injury, benefit from surgery in addition to non-surgical treatments?
C.33.471	Aug 27, 2016 8:37 AM	Do patients with wrist conditions really need wrist arthroscopy?	1	Which arthroscopic (keyhole) procedures in the hand/wrist give additional benefits to other surgical techniques or to no intervention?
C.34.472	Aug 28, 2016 8:56 AM	Can anterior transposition of an ulnar nerve as a primary procedure rather than simple release be justified?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.34.473	Aug 28, 2016 8:56 AM	Can doing a scaphoidectomy/4 corner fusion be justified? (Given the appalling observed results of which most treating clinicians seem to be in denial)	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.34.474	Aug 28, 2016 8:56 AM	Can doing a trapeziectomy + TRT or Replacement arthroplasty instead of a simple trapeziectomy be justified?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.34.475	Aug 28, 2016 8:56 AM	Should we be wasting NHS resources removing wrist ganglions?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit?
C.34.476	Aug 28, 2016 8:56 AM	Should we be releasing trigger thumbs in children? Do they all eventually resolve? Has anyone seen a genuine unresolved trigger thumb in an adult?	0	
C.35.477	Aug 28, 2016 4:57 PM	How does untreated carpal tunnel progress?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.35.478	Aug 28, 2016 4:57 PM	When do patients develop PIPJ contractures in Dupuytren's?	1	When and in whom should treatment for Dupuytren's be commenced?
C.35.479	Aug 28, 2016 4:57 PM	When should we be operating on Dupuytren's (other than functional issues)?	1	When and in whom should treatment for Dupuytren's be commenced?
C.35.480	Aug 28, 2016 4:57 PM	Why are some people symptomatic of OA base of thumb and some not?	0	
C.36.481	Aug 29, 2016 1:31 PM	relative effectiveness of injection, surgery and no treatment in carpal tunnel syndrome	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.36.482	Aug 29, 2016 1:31 PM	Comparison of techniques (collagenase, fasciotomy, fasciectomy, skin grafts) in Dupuytren's disease	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.36.483	Aug 29, 2016 1:31 PM	the optimal management of thumb base arthritis - non operative, joint replacement, trapeziectomy, fusion	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.36.484	Aug 29, 2016 1:31 PM	prevention and management of CRPS	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
C.36.485	Aug 29, 2016 1:31 PM	relative effectiveness of injection, surgery and no treatment in trigger finger	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.37.486	Aug 29, 2016 6:59 PM	Complete rupture of scapholunate ligament- conservative vs operative treatment outcomes	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.37.487	Aug 29, 2016 6:59 PM	Carpal tunnel syndrome- incidence of atypical presentations- eg: diffuse pain without paraesthesia, improved only by steroid injections to carpal tunnel	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.37.488	Aug 29, 2016 6:59 PM	Mallet fracture dislocation- conservative vs operative treatment outcomes	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.37.489	Aug 29, 2016 6:59 PM	PIP Pilon fractures- conservative vs operative treatment outcomes	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?

C.37.490	Aug 29, 2016 6:59 PM	P1 fractures- conservative vs operative treatment outcomes	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.38.491	Aug 29, 2016 9:09 PM	Is there a place for steroid injections in treating Carpal Tunnel syndrome	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.38.492	Aug 29, 2016 9:09 PM	what is the best treatment for dupuytren's disease. This could be divided up into, best correction, least recurrence etc etc	1	XX
C.39.493	Aug 30, 2016 1:30 PM	When is surgery superior to non-operative management of common hand conditions?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
C.39.494	Aug 30, 2016 1:30 PM	Do patients benefit from operative treatment of common hand fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.39.495	Aug 30, 2016 1:30 PM	Do patients benefit from therapy following treatment of common fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.39.496	Aug 30, 2016 1:30 PM	Do splintage and/or therapy improve the outcome of surgery for common hand conditions?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.39.497	Aug 30, 2016 1:30 PM	What is the best method of preventing fractures of the hand and wrist from going undetected?	0	
C.40.498	Aug 30, 2016 1:32 PM	Do hand surgery operations performed under local anaesthetic need to be performed in a fully equipped operating theatre?	1	Can novel approaches to the delivery of hand surgery demonstrate clinical and cost benefits?
C.41.499	Aug 30, 2016 8:29 PM	Is there a test to ascertain a patient's healing potential and likelihood to form scar tissue? And cause recurrence of Dupuytren's disease.	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
C.42.500	Aug 31, 2016 9:17 PM	What is the role for aggressive dermofasciectomy in Dupuytren's disease compared to less invasive limited fasciectomy/needle release 'management' of the condition	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.42.501	Aug 31, 2016 9:17 PM	Does preop psychologic testing help identify patients at risk of poorer outcome from surgery and therefore affect decision making or allow extra support to be put in place to improve better outcome	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.42.502	Aug 31, 2016 9:17 PM	What is the optimal, most cost effective management of basal thumb osteoarthritis - implant or trapezectomy?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.42.503	Aug 31, 2016 9:17 PM	In wrist fusion, should the 3rd CMC joint be fused/bridged or should newer plating systems that just fuse carpus to radius be encouraged	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.42.504	Aug 31, 2016 9:17 PM	Are any treatments provided in chronic pain clinics more effective than simple analgesia/support and education for CRPS	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
C.43.505	Sep 2, 2016 8:24 AM	Does vascularising a non-vascularised bone graft improve Union rates in scaphoid fixations?	1	In the treatment of broken bones that are not in the wrist and hand, which techniques demonstrate the greatest clinical and cost benefits?
C.43.506	Sep 2, 2016 8:24 AM	Which distal radius fractures are safe to K-wire?	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.43.507	Sep 2, 2016 8:24 AM	Does performing a percutaneous needle fasciectomy of the digit + a simultaneous segmental Palmer fasciectomy for the same ray delay recurrence beyond that which either procedure reports alone?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.43.508	Sep 2, 2016 8:24 AM	Does hand surgery need to be performed with full theatre sterility to decrease infection rates? In particular:- Is laminar flow required?- Is any air conditioning required 15-25 air changes per hour as infection control	1	Can novel approaches to the delivery of hand surgery demonstrate clinical and cost benefits?
C.43.509	Sep 2, 2016 8:24 AM	Does performing LRTI (or other suspension plasty) post trapeziectomy improve outcomes (including confidence and security of thumb use) for any group of patients e.g. Younger manual workers or patients with a	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.44.510	Sep 3, 2016 4:58 PM	is a vascularised graft any better for scaphoid non union	1	In the treatment of broken bones that are not in the wrist and hand, which techniques demonstrate the greatest clinical and cost benefits?
C.44.511	Sep 3, 2016 4:58 PM	Why do some people not get any better after carpal tunnel release	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.44.512	Sep 3, 2016 4:58 PM	what is the best way to treat basal prox.phalanax fractures	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.44.513	Sep 3, 2016 4:58 PM	do we need anti biotics for clean simple elective hand surgery	1	Does the use of antibiotics affect the infection rate following hand trauma or elective hand surgery?
C.44.514	Sep 3, 2016 4:58 PM	why do some wrist fractures go on to crps	0	
C.45.515	Sep 4, 2016 7:04 PM	Patient experience and outcome of regional anaesthesia for hand surgery.	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.45.516	Sep 4, 2016 7:04 PM	Preexisting chronic pain condition and its effect on operative outcome.	1	Do pre-existing systemic pain conditions (where patients have difficult to treat pain as well as a hand injury or problem) have a negative effect on the outcomes following hand injury or surgery?
C.45.517	Sep 4, 2016 7:04 PM	Was regional anaesthesia an option offered to you at the time of preassessment?	0	
C.45.518	Sep 4, 2016 7:04 PM	Are you suffering from chronic pain of any nature due to your hand conditions? (neuropathic pain, CRPS etc)	0	
C.45.519	Sep 4, 2016 7:04 PM	Phantom pain / neuropathic pain after hand surgery.	0	
C.46.520	Sep 4, 2016 8:07 PM	Should we reconstruct scapho-lunate ligaments that appear stretched but not torn on arthroscopy	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.46.521	Sep 4, 2016 8:07 PM	Is lunotriquetral stabilisation with a headless screw a viable option for LT ligament ruptures	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.46.522	Sep 4, 2016 8:07 PM	Do lunate replacements work?	1	What is the role of surgery in Kienbock's disease?
C.46.523	Sep 4, 2016 8:07 PM	is endoscopic carpal tunnel release a better option in people with bilateral disease	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.46.524	Sep 4, 2016 8:07 PM	is xiapex a better option for treatment for dupuytren's than needle aponeurotomy	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?

C.47.525	Sep 5, 2016 12:14 PM	What is the best management of wrist ganglia and what predicts their recurrence post surgery?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit?
C.48.526	Sep 7, 2016 8:16 AM	Should I offer patients with carpal tunnel syndrome an injection or splints or both? Or should they all be referred for surgery?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.48.527	Sep 7, 2016 8:16 AM	Can the risk of needing surgery to release a Dupuytren's contracture be reduced by regular hand exercise early in the condition?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
C.48.528	Sep 7, 2016 8:16 AM	What is the best advice we can give to patients with hand OA in primary care with regards to joint protection and their occupational health?	1	What are the most effective non-surgical methods for treating early arthritis in the hand and fingers?
C.48.529	Sep 7, 2016 8:16 AM	At what stage should patients with troublesome hand oa be referred to an orthopaedic surgeon?	1	What are the most effective non-surgical methods for treating early arthritis in the hand and fingers?
C.48.530	Sep 7, 2016 8:16 AM	Are steroid injections for trigger finger actually beneficial in the longer term?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.49.531	Sep 7, 2016 2:41 PM	Is elbow splinting effective for cubital tunnel syndrome?	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.49.532	Sep 7, 2016 2:41 PM	Does mindfulness have a role to play in the treatment of CRPS?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.49.533	Sep 7, 2016 2:41 PM	Should the SAM regime be completed after immobilisation for central slip injuries?	1	What are the best methods of treating tendon injuries?
C.49.534	Sep 7, 2016 2:41 PM	Is kinesiotape useful in the management of hand swelling post trauma?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.49.535	Sep 7, 2016 2:41 PM	Can kinesiotape assist with scar mobility post hand surgery?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.50.536	Sep 11, 2016 3:43 PM	most effective method to treat bennetts/rolando's # (often non consolidation)	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.50.537	Sep 11, 2016 3:43 PM	ideal strengthening/ stabilisation method for CMC1 , both conservative & surgical	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.50.538	Sep 11, 2016 3:43 PM	how to prevent dysregulation/ crps	0	
C.51.539	Sep 12, 2016 8:13 AM	Currently all treatment for Dupuytren's disease concentrates on symptom management as the cause for the disease is still unknown. Therefore my question would be what causes the diseased fascia in Dupuytren's Disease	0	
C.52.540	Sep 13, 2016 5:37 AM	If endoscopic carpal tunnel release in any way better than limited incision open carpal tunnel release?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.52.541	Sep 13, 2016 5:37 AM	Does collagenase produce a longer term improvement in contracture than needle fasciotomy or local anaesthetic limited fasciotomy?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.53.542	Sep 13, 2016 12:17 PM	Effect of anaesthetic technique on pain relief postop and long term outcomes	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.54.543	Sep 13, 2016 2:47 PM	can conservative management help CTS	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.54.544	Sep 13, 2016 2:47 PM	how to treat dupuytren's to prevent reoccurrence	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
C.54.545	Sep 13, 2016 2:47 PM	is there an optimum position to splint a TFCC repair post surgery	1	In patients with ulnar sided wrist pain (pain on the little finger side of the wrist), which interventions give a reliable improvement in function and pain?
C.54.546	Sep 13, 2016 2:47 PM	what is the best management for tennis elbow	0	
C.55.547	Sep 14, 2016 9:02 AM	SL rupture - When to intervene with reconstruction and when to leave alone. ?? RCT of pt with SL rupture >3m - half reconstruct / half treat conservatively	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.55.548	Sep 14, 2016 9:02 AM	Whether to augment trapeziectomy with wires or suspension or just do trapeziectomy - it is still not clear which patients should have which treatment	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.56.549	Sep 15, 2016 2:10 PM	Scaphoid Waist Fractures: Do undisplaced waist fractures ever go on to non-union? Although MRI is gold standard, would the few fractures missed by a CT scan ever actually go on to nonunion if they are that	1	Which patients with a recent scaphoid fracture would benefit from surgery rather than cast or splint treatment?
C.56.550	Sep 15, 2016 2:10 PM	Dupuytren's disease: Percutaneous Needle Fasciotomy- we know short-term it is effective for MCPJ contractures (as are most treatments), but is it as effective as other treatments for PIPJ contractures? Should we be	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.56.551	Sep 15, 2016 2:10 PM	Trapeziectomies: To sling or not? Although the question has been answered and many studies have shown no long term benefit to using a FCR suspension, are there circumstances where it is beneficial? e.g. in	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.57.552	Sep 15, 2016 3:20 PM	Clinical trials of conservative management of wrist instabilities e.g tendon loading gsrca elias work	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than non-surgical methods?
C.57.553	Sep 15, 2016 3:20 PM	Do esp physiotherapists offer a cost effect alternative in dianosing hand / wrist trauma	1	Can novel approaches to the delivery of hand surgery demonstrate clinical and cost benefits?
C.58.554	Sep 16, 2016 8:50 AM	what is the most effective position to splint the wrist in for carpal tunnel syndrome?	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.58.555	Sep 16, 2016 8:50 AM	what activity modification advice to give to cubital tunnel syndrome patients apart from avoiding acute flexion at elbow and leaning on elbow joint	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.59.556	Sep 16, 2016 10:06 AM	In a patient with Dupuytren's disease, how can we define what a significant contracture is? In the current funding era, can we deny surgery on the basis of angles alone? We need a scoring system which	1	When and in whom should treatment for Dupuytren's be commenced?
C.60.557	Sep 19, 2016 8:36 AM	How effective are orthotics in treating inflammation in the wrist and hand ?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.61.558	Sep 19, 2016 4:16 PM	What are the most common exercises given for thumb OA and why?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.61.559	Sep 19, 2016 4:16 PM	Is there a long term gain from steroid injection for CMC OA?	1	What is the role of steroid injections in the treatment of arthritis of the hand and wrist?

C.61.560	Sep 19, 2016 4:16 PM	Is there any benefit in immobilising the wrist post trapeziectomy?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.61.561	Sep 19, 2016 4:16 PM	Is there an optimal solution for ulnar sided wrist pain?	1	In patients with ulnar sided wrist pain (pain on the little finger side of the wrist), which interventions give a reliable improvement in function and pain?
C.61.562	Sep 19, 2016 4:16 PM	Do tennis elbow clasps offer any benefit to patients? Could we save money by doing graded loading only.	0	
C.62.563	Sep 20, 2016 7:29 AM	What evidence is there for splinting Dupuytren's pts post-op	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
C.62.564	Sep 20, 2016 7:29 AM	How long should a trapeziectomy pt be in POP after surgery?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.62.565	Sep 20, 2016 7:29 AM	Which PIP jt replacements are the best? (Particularlry long term effects)	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.62.566	Sep 20, 2016 7:29 AM	What is the best post-op regime following flexor tendon repair	1	What are the best methods of treating tendon injuries?
C.63.567	Sep 20, 2016 10:10 AM	In adults with carpal tunnel syndrome, are injections, splinting, surgery or exercise of most benefit in terms of reducing pain, improving function/quality of life and cost effectiveness	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.63.568	Sep 20, 2016 10:10 AM	In adults with dequervains synovitis, are injections, splinting, surgery or exercise of most benefit in terms of reducing pain, improving function/quality of life and cost effectiveness	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.64.569	Sep 20, 2016 11:27 AM	Can OA thumb be aggravated by particular patterns of exercises?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.64.570	Sep 20, 2016 11:27 AM	In a patient with both flexor and extensor tendon repairs which should you give priority to protecting?	1	What are the best methods of treating tendon injuries?
C.64.571	Sep 20, 2016 11:27 AM	Can loss of sensation be relieved or treated by sensory retraining?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.65.572	Sep 20, 2016 2:16 PM	Should we operate on pilon fractures of the base of the middle phalanx, or just treat them conservatively?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.65.573	Sep 20, 2016 2:16 PM	Can patient questionnaires be used to select patients who need surgery for common hand conditions?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.65.574	Sep 20, 2016 2:16 PM	What is the most useful patient reported outcome measure after surgery for Dupuytren's Disease or other common hand conditions?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.65.575	Sep 20, 2016 2:16 PM	Can we develop a single patient reported outcome measure that is useful and valid for all different conditions in the hand?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.66.576	Sep 20, 2016 2:45 PM	I think the fundamental 'question' is to design an accurate outcome measure that really measures how well treatments solve patient problems. Too many studies are showing 'no difference' which makes	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.67.577	Sep 20, 2016 6:06 PM	Developing a better PROM in hand surgery	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.68.578	Sep 22, 2016 8:29 AM	Is splinting effective in post op Dupuytren's patients ?	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
C.68.579	Sep 22, 2016 8:29 AM	which scar management treatment is most effective eg silicon elastomers, silicon sheeting,gels ?	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.69.580	Sep 22, 2016 12:50 PM	What is the effect of type of anaesthesia on outcomes in hand surgery?	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.70.581	Sep 24, 2016 12:27 AM	Does little finger dupuytren's respond in a different way to surgical intervention than other fingers.	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.71.582	Sep 26, 2016 10:38 AM	In early OA of the 1st CMCJ, could an exercise program really prevent/delay deformity of the thumb by strengthening the stabilising muscles to substitute decreasing joint/ligament stability?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.71.583	Sep 26, 2016 10:38 AM	Does it really take 12 weeks for a tendon repair to become fully strong again, ie. when we tell the patient to resume all/heavy activities or could they do more sooner? (Especially extensor repairs.)	1	What are the best methods of treating tendon injuries?
C.72.584	Sep 26, 2016 3:42 PM	Could carpal tunnel be treated with a nerve excursion exercise programme?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.72.585	Sep 26, 2016 3:42 PM	Does splinting for mild/moderate trigger finger restricting the triggering range only have any benefit?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.72.586	Sep 26, 2016 3:42 PM	What is the minimum dose of steroids in an injection that is effective in trigger finger?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.72.587	Sep 26, 2016 3:42 PM	What could stop dupuytren's contracture developing- ie systemic or local application.	0	
C.72.588	Sep 26, 2016 3:42 PM	Could the use of lithium carbonate be used to prevent the onset/ progression of OA in the small joints of the hand. ?	0	
C.73.589	Sep 26, 2016 4:19 PM	How are closed maleet deformities best managed	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.73.590	Sep 26, 2016 4:19 PM	Should EPL tendon repairs in Zone T1-3 be splinted at the wrist as well as the thumb joints	1	What are the best methods of treating tendon injuries?
C.73.591	Sep 26, 2016 4:19 PM	Can ultrasound scans be relied upon when diagnosing a tendon rupture	0	
C.74.592	Sep 27, 2016 3:16 PM	What evidence is there for splinting for dequervains tenosynovitis?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.74.593	Sep 27, 2016 3:16 PM	What is the evidence supporting the use of oval-8 splints for swan deck deformities?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.74.594	Sep 27, 2016 3:16 PM	What is the evidence supporting use of splints for ulnar deviation?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?

C.74.595	Sep 27, 2016 3:16 PM	How frequently should patients exercise their hands/wrist for maximum improvement to range of movement and strength?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.74.596	Sep 27, 2016 3:16 PM	What is the evidence supporting handwriting advice in paediatrics?	0	
C.75.597	Sep 30, 2016 8:34 AM	What is the best management plan for displaced proximal phalanx fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.75.598	Sep 30, 2016 8:34 AM	What is the best management plan for PIPJ intra-articular fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.75.599	Sep 30, 2016 8:34 AM	What is the best rehab regime for uncomplicated extensor tendon repairs in zone 5?	1	What are the best methods of treating tendon injuries?
C.75.600	Sep 30, 2016 8:34 AM	What is the best rehabilitation regime for zone 4/5 finger flexor tendon repairs?	1	What are the best methods of treating tendon injuries?
C.75.601	Sep 30, 2016 8:34 AM	What is the best way of promoting adherence by the patient to the recommended rehabilitation programme?	1	How can patient participation in hand therapy be maximised?
C.76.602	Oct 4, 2016 7:24 AM	What is the most effective management package for sub acute and chronic De Quervain's, with the same question for tennis elbow?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.76.603	Oct 4, 2016 7:24 AM	What is the effectiveness of exercise for osteoarthritis in the CMCI? or what factors determine the effectiveness of exercise for osteoarthritis in	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.76.604	Oct 4, 2016 7:24 AM	What is the effectiveness of compression on acute hand oedema?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.77.605	Oct 11, 2016 10:19 AM	With regards to metal work placed in the body to internally fix fractures, which metal causes the least reaction by the body to go on to scar?	1	Does the type of metal used during surgery, affect the results?
C.77.606	Oct 11, 2016 10:19 AM	Are EAM guidelines necessary for all tendon repairs? Can the Manchester guidelines be applied safely?	1	What are the best methods of treating tendon injuries?
C.77.607	Oct 11, 2016 10:19 AM	Can dry needling, using acupuncture needles, effectively and positively manipulate scar tissue to lessen the impact of scarring on adhesions and range of motion?	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.77.608	Oct 11, 2016 10:19 AM	Does high dose vitamin C have a protective or indeed any effect on the development or the experience of CRPS?	0	
C.78.609	Oct 12, 2016 4:06 PM	Who provides truly holistic & prompt physical care of the person with the injured hand to recover with out use of aids and appliances? OT or a chartered physiotherapist fully trained and experienced in the	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.78.610	Oct 12, 2016 4:06 PM	Splints to immobilise and cause hospital acquired stiffness or carefully graded and controlled mobilisation to prevent stiffness post surgery and post injury?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.78.611	Oct 12, 2016 4:06 PM	To drive or not to drive- the legality of driving in acute post op and post injury patients	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.78.612	Oct 12, 2016 4:06 PM	The expert on filling in the fit note- junior doctor or gp or a specialist physiotherapist	0	
C.78.613	Oct 12, 2016 4:06 PM	Should junior doctors be allowed to perform unsupervised surgery on hand trauma patients or in the modern NHS this be delivered by consultant care (mindful of the reduced training hours post EWTD)	0	
C.79.614	Oct 13, 2016 4:10 PM	How bad does ulnar neuritis have to be before patients are unable to click/snap their fingers?	0	
C.79.615	Oct 13, 2016 4:10 PM	Is the incidence of Dupuytren's disease increasing in Asians in the UK?	0	
C.79.616	Oct 13, 2016 4:10 PM	Is the incidence of Dupuytren's disease increasing in Jews living in the UK	0	
C.80.617	Oct 13, 2016 4:21 PM	Why does radial club hand recur?	0	
C.80.618	Oct 13, 2016 4:21 PM	How can I prevent recurrence of RCH	0	
C.80.619	Oct 13, 2016 4:21 PM	How can I tell which radial club hand patients will recur before surgery?	0	
C.80.620	Oct 13, 2016 4:21 PM	What happens to congenital hand patients in adulthood - what is the burden of disability to them	0	
C.80.621	Oct 13, 2016 4:21 PM	What provides best thumb reconstruction of hypo plastic thumb	0	
C.81.622	Oct 14, 2016 10:23 AM	the benefit of physiotherapy for complex regional pain syndrome	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
C.81.623	Oct 14, 2016 10:23 AM	role of combined therapies in managing complex regional pain syndrome	1	Can hand therapy or hand surgery help in the management of complex regional pain syndrome?
C.81.624	Oct 14, 2016 10:23 AM	effectiveness of opioids for arthritic hand pain	0	
C.81.625	Oct 14, 2016 10:23 AM	effectiveness of anticonvulsants for arthritic hand pain	0	
C.81.626	Oct 14, 2016 10:23 AM	effectiveness of anticonvulsants for complex regional pain syndrome	0	
C.82.627	Oct 14, 2016 10:25 AM	why do some patients develop CRPS after a wrist fracture	0	
C.82.628	Oct 14, 2016 10:25 AM	how could CRPS be prevented in hand and wrist injuries	0	
C.82.629	Oct 14, 2016 10:25 AM	why does the severity of CRPS vary so much	0	

C.83.630	Oct 14, 2016 10:42 AM	Hand surgery can improve pain but not necessarily function. Is more research being done to achieve parity?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.83.631	Oct 14, 2016 10:42 AM	What exercises should I do to maintain function in my hands/wrists? I have rheumatoid arthritis.	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.83.632	Oct 14, 2016 10:42 AM	Can stylish products/aids be designed to help those of us with dexterity problems?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.84.633	Oct 14, 2016 12:35 PM	How can we educate the population and frontline doctors to recognize early which hand injuries, bites and stings are serious and are, or are likely to be, progressing to sepsis. (Also applicable to lower limb).	1	Does the use of antibiotics affect the infection rate following hand trauma or elective hand surgery?
C.84.634	Oct 14, 2016 12:35 PM	Hand and wrist trauma - can you quantify the effect, if any, of day one hand/physiotherapy supervision compared with delayed eg 1-2 weeks or none at all, on a patients return to normal or near normal	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.84.635	Oct 14, 2016 12:35 PM	Would online self help rehabilitation ± supervised, with video demonstrations of appropriate therapy in common conditions, be effective or better than conventional Outpatient therapy.	1	How can patient participation in hand therapy be maximised?
C.85.636	Oct 14, 2016 4:44 PM	When do ligaments reach maximum healing strength and how long do we need to immobilise before allowing active and then passive movement	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.85.637	Oct 14, 2016 4:44 PM	Why do scaphoids heal with cystic changes, is it similar to geode formation, the role of hydrostatic pressure in promoting non-union and if lifting is more important than cast immobilisation in allowing	1	Which patients with a recent scaphoid fracture would benefit from surgery rather than cast or splint treatment?
C.85.638	Oct 14, 2016 4:44 PM	Is pillar pain in carpal tunnel an idiosyncratic inflammatory reaction which can be changed with anti-inflammatory drug use.	1	What treatments are most effective for ongoing symptoms following surgery for carpal or cubital tunnel syndrome (or other entrapped nerves in the arm)?
C.85.639	Oct 14, 2016 4:44 PM	why are hypertrophic scars produced and why are they so tender. Can we modify the evolution of these changes.	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.85.640	Oct 14, 2016 4:44 PM	The range of normality in wrist arthroscopic anatomy to help with diagnosis of wrist conditions.	0	
C.86.641	Oct 14, 2016 4:51 PM	Can cubital tunnel release be done as effectively under LA as GA	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.86.642	Oct 14, 2016 4:51 PM	For pipj # subluxations, what's the best treatment?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.86.643	Oct 14, 2016 4:51 PM	Can we predict which bony mallet injuries will sublux? If so, what's the best treatment?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.86.644	Oct 14, 2016 4:51 PM	How does needle fasciotomy for dupuytren's compare to open fasciotomy and collagenase in terms of outcome and recurrence	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.86.645	Oct 14, 2016 4:51 PM	What is the long term outcome of silicone pipj arthroplasty vs pyrocarbon	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.87.646	Oct 14, 2016 8:32 PM	Do you know the numbers of people who have CRPS of their hands and the impact it has upon them in terms of ability to work?	0	
C.88.647	Oct 14, 2016 11:05 PM	Are hand and wrist problems associated with higher levels of psychological distress than the general population?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.88.648	Oct 14, 2016 11:05 PM	What is the prevalence of anxiety and depression in people with hand and wrist problems?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.88.649	Oct 14, 2016 11:05 PM	How do hand and wrist problems affect self esteem and sense of self?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.88.650	Oct 14, 2016 11:05 PM	What sort of adjustment and acceptance problems are encountered by people with hand and wrist problems?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.88.651	Oct 14, 2016 11:05 PM	Do people with hand and wrist problems experience greater discrimination from society than other groups?	0	
C.89.652	Oct 15, 2016 9:47 AM	Where Therapy resources are lacking, can strong flexor tendon repairs (4 or 6 strand) and Dupuytren's Fasciectomy patients be treated with weekly Surgeon follow-up, and minimal or no input from Therapists?	1	How can patient participation in hand therapy be maximised?
C.90.653	Oct 15, 2016 3:16 PM	Carpel tunnel syndrome ; Why in few; Prevention	0	
C.90.654	Oct 15, 2016 3:16 PM	Duputren 's contracture; Cause; Prevention	0	
C.90.655	Oct 15, 2016 3:16 PM	CRPS Trauma vs mobility(plaster cast)	0	
C.91.656	Oct 15, 2016 6:38 PM	Is surgery for Carpal Tunnel Syndrome of clinical and social benefit?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.91.657	Oct 15, 2016 6:38 PM	What is the best treatment of wrist fractures?	1	What is the best treatment of wrist fractures regarding both patient outcomes and cost?
C.91.658	Oct 15, 2016 6:38 PM	Is total wrist replacement of clinical benefit?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.92.659	Oct 16, 2016 10:29 AM	Why does surgery often fail to reduce pain?	1	What patient or surgical factors may contribute to complications or ongoing symptoms following treatment for common hand conditions?
C.92.660	Oct 16, 2016 10:29 AM	Why do pain-killers often fail to reduce pain?	1	What patient or surgical factors may contribute to complications or ongoing symptoms following treatment for common hand conditions?
C.92.661	Oct 16, 2016 10:29 AM	Why has no-one explained where my pain is coming from?	0	
C.93.662	Oct 16, 2016 8:10 PM	What can be done to make results of wrist operations more predictable with respect to the subsequent mechanical function of the wrist?	1	What patient or surgical factors may contribute to complications or ongoing symptoms following treatment for common hand conditions?
C.93.663	Oct 16, 2016 8:10 PM	What is the time window between bone and soft tissue injury and their optimum repair?	1	When is the best time to operate following hand injury (for example following fracture, tendon injury or simple skin cuts)?
C.93.664	Oct 16, 2016 8:10 PM	Can prosthetic hand replacement equal or surpass the hand function achieved by hand transplantation?	1	Does prosthetic (artificial) replacement or hand transplantation have the greater clinical and cost benefits when used in the hand and wrist?

C.94.665	Oct 17, 2016 7:14 AM	Why is it necessary to wait for finger contracture before the decision to operate?	1	When and in whom should treatment for Dupuytren's be commenced?
C.94.666	Oct 17, 2016 7:14 AM	Based on the research evidence what is the best approach to managing Dupuytren's contracture?	1	XX
C.94.667	Oct 17, 2016 7:14 AM	Based on the evidence which surgical technique has proved to be the best way to deal with Dupuytren's?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.94.668	Oct 17, 2016 7:14 AM	Are there any evidence based intensive rehabilitation programmes to help people recover their hand function after Dupuytren's surgery?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.94.669	Oct 17, 2016 7:14 AM	Are there any experts who in the UK who specialise solely in the more aggressive form of Dupuytren's contracture in the UK?	0	
C.95.670	Oct 17, 2016 8:26 AM	treatment of wrist instability	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.95.671	Oct 17, 2016 8:26 AM	preventing recurrence of dupuytren's	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
C.95.672	Oct 17, 2016 8:26 AM	Thumb base joint arthroses	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.95.673	Oct 17, 2016 8:26 AM	Algorithms for treating wrist pain	0	
C.95.674	Oct 17, 2016 8:26 AM	Intractable hand pain	0	
C.96.675	Oct 17, 2016 4:49 PM	Is scapholunate instability seen in asymptomatic people	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.96.676	Oct 17, 2016 4:49 PM	What is the most reliable, long term treatment for carpal tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.96.677	Oct 17, 2016 4:49 PM	How can we predict progression of Dupuytren's contracture?	1	When and in whom should treatment for Dupuytren's be commenced?
C.96.678	Oct 17, 2016 4:49 PM	What is the natural history of pain in 1st CMC arthritis?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.96.679	Oct 17, 2016 4:49 PM	Do ganglions benefit from any treatment?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit?
C.97.680	Oct 18, 2016 7:42 AM	What is the best treatment for Kienbocks?	1	What is the role of surgery in Kienbock's disease?
C.97.681	Oct 18, 2016 7:42 AM	What are the best treatments for acute and chronic ligamentous injuries around the wrist?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.97.682	Oct 18, 2016 7:42 AM	What are the best treatments for fracture dislocations in the hand, particularly the proximal interphalangeal joint?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.97.683	Oct 18, 2016 7:42 AM	What are the best treatments for SNAC and SLAC wrists?	1	Does the pattern of arthritis in the wrist predict which treatment will give most benefit?
C.97.684	Oct 18, 2016 7:42 AM	What are the best treatments for thumb base OA?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.98.685	Oct 18, 2016 7:45 AM	How can we best measure outcomes of intervention in the hand and wrist?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.98.686	Oct 18, 2016 7:45 AM	Does wrist arthroplasty have a role in OA/SNAC/SLAC wrist?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.98.687	Oct 18, 2016 7:45 AM	What are the roles of small joint arthroplasty in the hand?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.98.688	Oct 18, 2016 7:45 AM	How can we prevent stiffness in the hand following injury/surgery/disease?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.98.689	Oct 18, 2016 7:45 AM	Is CRPS a clinical entity or just a mis-diagnosis or occult nerve lesion?	0	
C.99.690	Oct 18, 2016 11:51 AM	Is there a role for steroid injection in carpal tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.99.691	Oct 18, 2016 11:51 AM	Are we using the correct outcome measures for hand trauma?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.99.692	Oct 18, 2016 11:51 AM	Are we using the correct outcome measures for elective hand procedures?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.99.693	Oct 18, 2016 11:51 AM	Does fixation of metacarpal fractures give any benefit?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.99.694	Oct 18, 2016 11:51 AM	Is angulation important in metacarpal fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.100.695	Oct 18, 2016 9:37 PM	Should regional anaesthesia be the first choice for surgical repair of hand/wrist pathologies.	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.100.696	Oct 18, 2016 9:37 PM	Are there other than surgical options to treat Dupuytren's disease?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
C.100.697	Oct 18, 2016 9:37 PM	Optimal pain relief for wrist arthroscopy to minimise motor block for day case? Anterior and posterior interosseous nerve blocks?	0	
C.100.698	Oct 18, 2016 9:37 PM	What and how can CRPS be minimised?	0	
C.100.699	Oct 18, 2016 9:37 PM	How can we decrease chronic postsurgical pain after wrist fractures?	0	

C.101.700	Oct 18, 2016 10:35 PM	Does regional anaesthesia affect long term outcome	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.101.701	Oct 18, 2016 10:35 PM	Does regional anaesthesia affect incidence of chronic pain following surgery	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.101.702	Oct 18, 2016 10:35 PM	Which procedures benefit from regional anaesthesia	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.101.703	Oct 18, 2016 10:35 PM	Does prolonged regional anaesthesia (using nerve block catheters) give better outcomes than single shot blocks in terms of functional outcome or chronic pain	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.102.704	Oct 18, 2016 11:21 PM	Nerves	0	
C.103.705	Oct 19, 2016 6:12 AM	Does regional anaesthesia improve post op physiotherapist?	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.103.706	Oct 19, 2016 6:12 AM	Does regional anaesthesia improve long term outcomes?	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.103.707	Oct 19, 2016 6:12 AM	Does regional anaesthesia reduce the incidence of crps?	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.103.708	Oct 19, 2016 6:12 AM	Which block is better? Axillary or clavicular blocks?	0	
C.104.709	Oct 19, 2016 8:49 AM	How are partial or dynamically unstable scapho-lunate ligament ruptures best managed ?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.104.710	Oct 19, 2016 8:49 AM	can the CTD operative procedure be standardised to reduce the variability in incision location / length / technique / complications & outcomes ?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.104.711	Oct 19, 2016 8:49 AM	How long should PIPJ dislocations be restricted / immobilised for & when to start mobilising?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.104.712	Oct 19, 2016 8:49 AM	Is exercise alone sufficient Physiotherapy for wrist fractures ? Is there evidence for frequency of Physio input & timing ie at initial presentation for advice & / or immediate management & at POP off &	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.104.713	Oct 19, 2016 8:49 AM	How is distal DRUJ instability best treated ?	1	In patients with ulnar sided wrist pain (pain on the little finger side of the wrist), which interventions give a reliable improvement in function and pain?
C.105.714	Oct 19, 2016 11:33 AM	How is wrist instability best managed?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.105.715	Oct 19, 2016 11:33 AM	What is the best treatment option for deQuervains tenosynovitis?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.106.716	Oct 19, 2016 5:11 PM	how do outcomes of needle fasciotomy and xiapex treatment compare in the short and the longer term	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.106.717	Oct 19, 2016 5:11 PM	what are the best implants for mcp and interphalangeal joints of the fingers	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.106.718	Oct 19, 2016 5:11 PM	what is the best surgical approach for finger joint replacement	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.106.719	Oct 19, 2016 5:11 PM	more evidence to guide choices about wrist replacement versus wrist fusion	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.106.720	Oct 19, 2016 5:11 PM	what is the best treatment modality for ulnar abutment - ulnar shortening, wafer excision, other procedures	1	In patients with ulnar sided wrist pain (pain on the little finger side of the wrist), which interventions give a reliable improvement in function and pain?
C.107.721	Oct 20, 2016 6:30 AM	Do brachial plexus blocks reduce the incidence of crps	0	
C.108.722	Oct 20, 2016 11:15 AM	What causes the acceleration of Dupuytren's contracture following a trauma?	0	
C.108.723	Oct 20, 2016 11:15 AM	Why is cold sensitivity such an issue for patients following any surgical procedure? Why is the limb / finger cold to touch following surgery?	0	
C.109.724	Oct 20, 2016 11:25 AM	Are there any benefits to palming small bones of the hand and wrist as opposed to conservative management	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.110.725	Oct 20, 2016 11:39 AM	What does the inherited disposition for Dupuytren's disorder tell us about the pathophysiology?	0	
C.111.726	Oct 20, 2016 2:19 PM	What is the evidence behind clinical reasoning for choosing different treatments for dupuytren's	1	XX
C.111.727	Oct 20, 2016 2:19 PM	What evidence is there, of benefits of longer immobilisations vs early mobilisation in tendon injuries	1	What are the best methods of treating tendon injuries?
C.111.728	Oct 20, 2016 2:19 PM	What affect do pressure garments/compression gloves have on managing swelling, pain and stiffness in the injured hand	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.112.729	Oct 20, 2016 2:51 PM	Are there long term benefits of regional anaesthesia for hand surgery (reduced development of chronic pain syndromes, better function, etc)?	1	Does regional anaesthesia (where the arm is numbed completely) offer benefits directly to the hand and wrist, in the surgical treatment of common hand conditions?
C.112.730	Oct 20, 2016 2:51 PM	Are antibiotics necessary for elective hand surgery (without implants)?	1	Does the use of antibiotics affect the infection rate following hand trauma or elective hand surgery?
C.112.731	Oct 20, 2016 2:51 PM	How urgent is composite graft surgery for fingertip injury? Can it safely be left overnight?	1	How is tissue loss in the hand/wrist best treated?
C.113.732	Oct 21, 2016 11:26 AM	Is	0	
C.114.733	Oct 24, 2016 8:17 AM	Mallet injuries; Review of splinting outcomes. Which is most effective off the shelf splint v custom made splint in treating a mallet injury?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.114.734	Oct 24, 2016 8:17 AM	Social Inclusion. How to engage socially disadvantaged trauma patients in hand therapy post surgery?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?

C.114.735	Oct 24, 2016 8:17 AM	Movement Memory; The impact of movement memory on regaining flexion post extension splinting in digits?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.115.736	Oct 25, 2016 10:54 AM	What is the real cost of prosthetics in the setting of amputation and are they actually used much by most patients?	1	Does prosthetic (artificial) replacement or hand transplantation have the greater clinical and cost benefits when used in the hand and wrist?
C.115.737	Oct 25, 2016 10:54 AM	What are the current 'top benefit' surgical procedures for rheumatoid arthritis of the hand and wrist? i.e. Have there been significant changes following advances in medical care of RA when compared to previous	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.115.738	Oct 25, 2016 10:54 AM	Can we pursue more non-operative care for hand fractures without compromising outcomes, and if so can we better define the details of this non operative care given the variation in surgical, hand therapy and	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.115.739	Oct 25, 2016 10:54 AM	Is there evidence for or against k-wiring joints in the setting of the badly burned hand, and the optimal techniques for doing so?	1	What are the most beneficial interventions in the short and longer term following a burn to the hand/wrist?
C.115.740	Oct 25, 2016 10:54 AM	Is there evidence to better guide when to amputate, and particularly at what level, in the setting of tumours in the hand. e.g. chondrosarcoma / melanoma?	1	Which surgical procedures (such as finger/hand preserving surgery or amputation) give the best results for cancers of the hand and wrist?
C.116.741	Oct 25, 2016 2:25 PM	What is the best strengthening programme for mid carpal instabilities	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.116.742	Oct 25, 2016 2:25 PM	Does a desensitization programme benefit patients post carpal decompression	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.116.743	Oct 25, 2016 2:25 PM	Should trapeziectomies be casted post surgery	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.116.744	Oct 25, 2016 2:25 PM	Does mirror therapy reduce pain following elective orthopaedic surgery	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.116.745	Oct 25, 2016 2:25 PM	does caipsacin cream improve arthritic pain	0	
C.117.746	Oct 28, 2016 1:13 PM	What are the predictors of scaphoid fracture non-union?	1	Which patients with a recent scaphoid fracture would benefit from surgery rather than cast or splint treatment?
C.117.747	Oct 28, 2016 1:13 PM	What is the long term patient reported outcome of perilunate dislocations and fracture-dislocations?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.117.748	Oct 28, 2016 1:13 PM	What is the outcome of wrist splint alone for scaphoid tubercle fractures?	1	Which patients with a recent scaphoid fracture would benefit from surgery rather than cast or splint treatment?
C.117.749	Oct 28, 2016 1:13 PM	What are the radiographic parameters when surgery for 5th metacarpal neck fractures would benefit the patient?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.118.750	Oct 30, 2016 6:47 PM	Does surgery for acute scapholunate dissociation give better outcomes than the natural history of the injury?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.118.751	Oct 30, 2016 6:47 PM	Which distal radial fractures are best treated surgically?	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.118.752	Oct 30, 2016 6:47 PM	How effective is denervation for painful IP, MP, CMC and carpal joints in the hand?	1	Is denervation (where the nerves that take pain from the joint to the brain are intentionally cut) of a painful joint a better option than alternative surgical treatment, and if so what are the best techniques for denervation and in which
C.118.753	Oct 30, 2016 6:47 PM	Why do some individuals get aggressive inflammatory osteoarthritis of the hands?	0	
C.118.754	Oct 30, 2016 6:47 PM	Why is advanced hand arthritis relatively painfree and very manageable in some patients, and exquisitely tender and disabling in others?	0	
C.119.755	Nov 2, 2016 8:51 AM	How can we prevent PIP joint stiffness after injury / surgery?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.119.756	Nov 2, 2016 8:51 AM	Which distal radius fractures require ORIF?	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.119.757	Nov 2, 2016 8:51 AM	How can we stop Dupuytren's contracture recurring?	1	In previously treated Dupuytren's disease, do any additional techniques help prevent recurrence?
C.120.758	Nov 2, 2016 3:15 PM	What patients should have an operation for Dupuytren's disease?	1	When and in whom should treatment for Dupuytren's be commenced?
C.120.759	Nov 2, 2016 3:15 PM	How can recovery after nerve injury be improved?	1	What interventions/treatments will have the most positive effect following nerve injury?
C.121.760	Nov 4, 2016 12:53 PM	What treatment modalities are most effective in conservative management of De Quervain's stenosing tenovaginitis? Rest, splinting, ultrasound therapy and eccentric exercise are used	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.121.761	Nov 4, 2016 12:53 PM	I would like to find out more about management of complex middle and proximal phalanx fractures and a comparison of traction splinting vs ORIF vs Ex Fix for different fracture types. I dont think there is much	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.121.762	Nov 4, 2016 12:53 PM	Not a 'common' condition but a patient has raised her concerns recently regarding the lack of information about post-polio syndromes and management of symptoms as they flare up again years later. This lady	0	
C.122.763	Nov 4, 2016 7:39 PM	How to prevent and treat ulnar deviation in RA patients?	1	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
C.122.764	Nov 4, 2016 7:39 PM	How to improve hand grip in RA patients?	1	In inflammatory arthropathy (for example rheumatoid arthritis), when should surgical interventions be considered over non-surgical treatments?
C.122.765	Nov 4, 2016 7:39 PM	what treatment strategies in future for OA CMC joint?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.122.766	Nov 4, 2016 7:39 PM	how to treat haemochromatosis related arthritis of the hands?	0	
C.122.767	Nov 4, 2016 7:39 PM	How to prevent/treat heberdens and bouchards node in OA of hands?	0	
C.123.768	Nov 5, 2016 12:20 PM	How angulated must a scaphoid waist fracture be to result in radioscapoid arthritis in later life?	1	Which patients with a recent scaphoid fracture would benefit from surgery rather than cast or splint treatment?
C.123.769	Nov 5, 2016 12:20 PM	Which radiographic features of a distal radius fracture predict an inferior functional result for patients following distal radius fracture? Are there cut off values that would predict a poor functional result and help guide	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?

C.123.770	Nov 5, 2016 12:20 PM	Do PIPJ replacements offer superior functional results for patients compared to PIPJ fusion?	1	Regarding patient and cost benefits, are movement preserving surgeries, such as joint replacement or cartilage replacement, preferential to fusion (permanent stiffening) in the treatment of painful joints in the hand/wrist?
C.123.771	Nov 5, 2016 12:20 PM	Do patients with modern thumb CMCJ replacements functional better than those offered simple trapeziumectomy for arthritis?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.123.772	Nov 5, 2016 12:20 PM	Do patients with clinically unstable DRUJ following and peripheral TFCC detachment develop DRUJ arthritis later in life?	1	In patients with ulnar sided wrist pain (pain on the little finger side of the wrist), which interventions give a reliable improvement in function and pain?
C.124.773	Nov 6, 2016 1:50 PM	What is the contribution of Psychological, Social or Spiritual factors to the presenting symptoms in Patients with Hand and Upper Limb Conditions in the Hand Clinic ?	1	Can a more holistic approach (psychologically, socially, spiritually informed) hand therapy have additional benefits for patients with common hand conditions including traumatic injuries?
C.124.774	Nov 6, 2016 1:50 PM	How do we address the bias towards surgical intervention with younger Surgeons?	0	
C.124.775	Nov 6, 2016 1:50 PM	Patients may not be able to work as a consequence of their condition, however they may not want to work for other reasons. As Clinicians how much do we appreciate the occupational issues and the matter of	0	
C.124.776	Nov 6, 2016 1:50 PM	Doctor / Patient centredness is an important balance. How much do we involve the patient in the management of the condition presented?	0	
C.125.777	07/11/2016	What is the optimal therapy management of scapholunate ligament reconstruction surgery?	1	What is the best rehabilitation following treatment for acute or chronic wrist instability?
C.125.778	07/11/2016	What information can we give our patients about realistic return to work after scapholunate ligament reconstruction surgery?	1	What is the best rehabilitation following treatment for acute or chronic wrist instability?
C.125.779	07/11/2016	What is the optimal non-surgical management of proximal interphalangeal joint contractures?	1	What non-surgical treatments have benefits over surgery in the treatment of Dupuytren's disease?
C.125.780	07/11/2016	What is the economic cost of traumatic hand and wrist injuries?	0	
C.126.781	11/11/2016	What is the optimal post-operative rehabilitation for patients with flexor tendon repairs?	1	What are the best methods of treating tendon injuries?
C.126.782	11/11/2016	What is the optimal post-operative rehabilitation for patients with extensor tendon repairs?	1	What are the best methods of treating tendon injuries?
C.126.783	11/11/2016	How can healthcare professionals optimise the return to work process for patients following elective hand surgery?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.126.784	11/11/2016	How can healthcare professionals optimise the return to work process for patients following complex hand trauma?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.127.785	11/11/2016	do proprioceptive exercises actual make any difference to a patient with a unstable wrist	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.127.786	11/11/2016	does a simple fasciectomy actual improve a patients function long term	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.127.787	11/11/2016	does arthroscopy and trimming of the TFCC in the wrist actual make any difference compared to placebo	1	In patients with ulnar sided wrist pain (pain on the little finger side of the wrist), which interventions give a reliable improvement in function and pain?
C.128.788	14/11/2016	DeQuervain's does exercise help relieve pain pre-operatively?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.128.789	14/11/2016	What is the strength / quality evidence behind the use of splints (static and dynamic) for acute ulnar nerve injuries?	1	What interventions/treatments will have the most positive effect following nerve injury?
C.128.790	14/11/2016	What formal programmes of desensitisation of digital nerve injuries and terminalisations are used across the UK and Ireland?	1	What interventions/treatments will have the most positive effect following nerve injury?
C.128.791	14/11/2016	What are the main functional activities used nationwide to improve restricted movement in PIP and DIP joints?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.129.792	15/11/2016	what is the most effective rehabilitation intervention (s) post distal radial fracture treated conservatively to optimize functional recovery	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.129.793	15/11/2016	what are the interim and intermediate functional outcomes which correlate with long term outcome which will identify patients who need more extensive rehabilitation and can act as criteria for discharge	1	What factors predict the greatest benefit from intensive hand therapy following injury?
C.129.794	15/11/2016	What are the components of physiotherapy lead exercise programmes that are clinically most effective in improving functional outcomes post distal radial fracture	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.129.795	15/11/2016	what is the impact on frailty and function of distal radial fracture	0	
C.129.796	15/11/2016	what is the impact of distal radial fracture on consulting patterns and work function /abilities of distal radial fracture in the under 65year olds who are working	0	
C.130.797	15/11/2016	does clinical assessment alone provide enough information to guide treatment in carpal tunnel syndrome- is electrophysiology needed	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.130.798	15/11/2016	when and for whom is non surgical care for carpal tunnel syndrome effective	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.130.799	15/11/2016	what is the short and long term effectiveness of surgery v injection in Carpal tunnel syndrome	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.130.800	15/11/2016	what is the correct dose of corticosteroid to inject in CTS	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.130.801	15/11/2016	hat is the effect of repeat injections of corticosteroid in CTS	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.131.802	15/11/2016	Does electrophysiology add useful information to clinical assessment alone in assessment of the potential to benefit from intervention (injection, decompression) in carpal tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.131.803	15/11/2016	What are the comparative medium to long-term outcomes of injection vs. decompression for carpal tunnel syndrome, and is it possible to determine algorithmically which patients benefit most from each	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.131.804	15/11/2016	What are the best rehabilitation interventions for distal radial fracture to maximise function?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?

C.131.805	15/11/2016	What patient factors or intermediate outcomes can be used to identify people at greatest need of (and capacity to benefit from) intensive rehabilitation after distal radial fracture?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.131.806	15/11/2016	How does distal radial fracture impact function, employment sickness, and frailty in adults?	0	
C.132.807	16/11/2016	role of repeat surgery for nerve entrapments (carpal tunnel)?	1	What treatments are most effective for ongoing symptoms following surgery for carpal or cubital tunnel syndrome (or other entrapped nerves in the arm)?
C.132.808	16/11/2016	role of intra articular steroids and repeat injections in small joint arthropathy?	1	What is the role of steroid injections in the treatment of arthritis of the hand and wrist?
C.132.809	16/11/2016	Role of repeated sympathetic blocks for CRPS hand(s)?	0	
C.133.810	16/11/2016	Is steroid effective in managing post traumatic small joint stiffness in the hand?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.133.811	16/11/2016	Is needle fasciotomy safe and effective in treating some PIPJ contractures in Dupuytren's disease?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.133.812	16/11/2016	Is a better outcome score needed for measuring wrist function following wrist trauma?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.133.813	16/11/2016	Is sham surgery as effective as trapeziectomy in treating base of thumb OA?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.133.814	16/11/2016	Is surgery more effective than steroid in managing trigger finger?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.134.815	20/11/2016	What is the long term effectiveness of corticosteroid injections into the carpal tunnel for the management of carpal tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.134.816	20/11/2016	Is corticosteroid injections into the carpal tunnel more effective when carried out under ultrasound control rather than blind in the management of carpal tunnel syndrome?	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.134.817	20/11/2016	What is the long term effectiveness of corticosteroid injections into the carpal tunnel for the management of OA of the 1st CMC joint?	1	What is the role of steroid injections in the treatment of arthritis of the hand and wrist?
C.134.818	20/11/2016	Do corticosteroid injections have a long term benefit in the management of trigger finger or is there only a short term benefit?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.135.819	21/11/2016	Is physiotherapy as effective as a carpal tunnel release or injection?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.135.820	21/11/2016	What exercises are best for treating carpal tunnel syndrome?	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.135.821	21/11/2016	what is the most effective rehabilitation intervention (s) post distal radial fracture treated conservatively to optimize functional recovery	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.135.822	21/11/2016	What are the components of physiotherapy lead exercise programmes that are clinically most effective in improving functional outcomes post distal radial fracture	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.136.823	22/11/2016	Is there a benefit of moving conservatively managed hand fractures early?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.136.824	22/11/2016	Can therapy intervention for CMCJ OA delay the need for surgery?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.136.825	22/11/2016	How effective is massage and silicone on reducing scar adhesions?	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.137.826	22/11/2016	what is the most effective rehabilitation intervention (s) post distal radial fracture treated conservatively to optimize functional recovery	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.137.827	22/11/2016	what is the impact on frailty and function of distal radial fracture	0	
C.137.828	22/11/2016	what is the impact of distal radial fracture on consulting patterns and work function /abilities of distal radial fracture in the under 65 year olds who are working	0	
C.137.829	22/11/2016	what are the interim and intermediate functional outcomes which correlate with long term outcome which will identify patients who need more extensive rehabilitation and can act as criteria for discharge	0	
C.137.830	22/11/2016	What are the components of physiotherapy lead exercise programmes that are clinically most effective in improving functional outcomes post distal radial fracture	0	
C.138.831	29/11/2016	What are the benefits, possible adverse events from long term repeated steroid injections for patients with mild to moderate carpal tunnel syndrome?	1	What are the most effective non-surgical methods of treating peripheral nerve compression (for example carpal tunnel syndrome or cubital tunnel syndrome)?
C.138.832	29/11/2016	Are strengthening exercises beneficial for patients with finger or thumb OA?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit
C.138.833	29/11/2016	What treatments are effective for cold intolerance following traumatic hand injury?	1	Can hand therapy or hand surgery help in the management of cold intolerance following hand surgery or injury?
C.138.834	29/11/2016	What conservative treatments are most beneficial for scar care/remodeling post injury/surgery	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.138.835	29/11/2016	Are there biomarkers or tests that at an early acute stage post injury or surgery are predictive or indicative of the onset of chronic regional pain syndrome?	0	
C.139.836	29/11/2016	What is the best treatment for PIPJ severe fracture dislocations ?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.139.837	29/11/2016	What is the best treatment for proximal phalangeal fractures: K-wires, plating or MUA and splint?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.139.838	29/11/2016	In Dupuytren's is needle aponeurotomy as effective a treatment as fasciotomy?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.139.839	29/11/2016	In Dupuytren's is needle aponeurotomy as effective a treatment as collagenase?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?

C.139.840	29/11/2016	in patients with hand trauma, what are the outcome measures that are most important to patients?	1	What methods are most accurate, user friendly and demonstrate the best clinical utility in measuring patient reported outcomes in common hand conditions?
C.140.841	29/11/2016	what is the best primary treatment for acute displaced proximal phalangeal fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.140.842	29/11/2016	what is the best primary treatment for proximal interphalangeal joint (pilon-type) fracture-dislocations ?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.140.843	29/11/2016	Are metacarpal shaft fractures best treated by surgery or non-operative treatment ?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.140.844	29/11/2016	What is the best primary treatment for (subluxed) mallet fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.140.845	29/11/2016	Is routine early therapy required following acute distal radius fractures?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.141.846	30/11/2016	how should ulnar nerves be treated in cubital tunnel syndrome? (simple release, endoscopic release for long distance, epicondylectomy, transposition subcutaneous, intra or sub muscular)	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?
C.141.847	30/11/2016	is there a good (ideal) dressing for finger-tips treated by secondary intention (especially the first post op one)	1	How is tissue loss in the hand/wrist best treated?
C.141.848	30/11/2016	does collagenase work longterm?	1	In patients with Dupuytren's disease, what invasive techniques give the best results in terms of function, recurrence and cost?
C.141.849	30/11/2016	what's the best steroid mixture for thumb CMC/trigger/carpal tunnel	1	XX
C.141.850	30/11/2016	does number of strands and/or type of circumferential suture in a zone 1-2 flexor tendon repair matter clinically (rather than on the bench)	1	What are the best methods of treating tendon injuries?
C.142.851	01/12/2016	Do local anaesthetic & steroid joint injections offer long term benefit or are they simply diagnostic? If so should we avoid steroids?	1	What is the role of steroid injections in the treatment of arthritis of the hand and wrist?
C.142.852	01/12/2016	What is the benefit of trapezoidectomy?	1	Compared to removing the trapezium bone (a bone at the bottom of the thumb) in arthritis of the base of the thumb, are any other surgical or non-surgical techniques better in terms of patient outcome, power, movement and pain relief?
C.142.853	01/12/2016	Do splints have an adverse long term effect?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.142.854	01/12/2016	Should vitamin C be taken for all surgery on hand & wrist to reduce risk if CRPS? If so for how long?	0	
C.143.855	05/12/2016	why do some patients with complete scapholunate ligament injury have a gap between lunate and scaphoid on x rays and others do not	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.143.856	05/12/2016	Why do some patients get good outcome following malunion of distal radius fractures	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.143.857	05/12/2016	do titanium implants for fracture fixation cause more soft tissue adherence than stainless steel	1	Does the type of metal used during surgery, affect the results?
C.143.858	05/12/2016	can you use early surgery as a rehabilitation tool in patients with upper limb spasticity after stroke or brain injury	1	Which patients with paralysis, spasticity or functional loss in the upper limb following brain or nerve injury, benefit from surgery in addition to non-surgical treatments?
C.143.859	05/12/2016	Is cubital tunnel syndrome due to compression or traction on the ulnar nerve	0	
C.144.860	06/12/2016	What patient and injury factors predict poor outcome after distal radial fracture and could predict which patients may benefit from operative treatment?	1	What patient and injury factors predict outcome following wrist fracture and determine which patients may benefit from the various treatment options?
C.144.861	06/12/2016	Does use of surgical incisions which do not overlie cutaneous nerve on the dorsum of the hand and wrist lead to less post-operative pain?	1	What patient or surgical factors may contribute to complications or ongoing symptoms following treatment for common hand conditions?
C.144.862	06/12/2016	Can treatments be developed to control scar and adhesion after tendons repair and other hand procedures?	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.144.863	06/12/2016	What causes idiopathic carpal tunnel syndrome?	0	
C.144.864	06/12/2016	Is onset of CRPS type 1 related to minor nerve injury?	0	
C.145.865	07/12/2016	Why do some patients with inflammatory arthropathy go on to develop Arthritis mutilans, despite being treated with DMARDs/Biologics?	0	When should patients with pain or deformity following joint damage or arthritis undergo surgery to correct/improve it?
C.145.866	07/12/2016	Why do some people with Hypermobile hands and wrists experience high levels of pain and functional limitation whilst others with Hypermobility hands experience no symptoms?	0	
C.145.867	07/12/2016	What causes Rheumatoid Arthritis?	0	
C.145.868	07/12/2016	How does a patient's functional history affect the presence of osteoarthritis?	0	
C.145.869	07/12/2016	What causes CRPS?	0	
C.146.870	07/12/2016	Why don't all DeQuervains symptoms resolve on their own? Why do some need to have surgery? What is the success rate?	1	In the treatment of non-traumatic tendon problems in the hand and wrist, how does surgical intervention compare to non-surgical methods?
C.146.871	07/12/2016	Why do people develop post traumatic Dupuytren's and does it give them a predisposition to develop it in the future?	0	
C.147.872	17/12/2016	When should you intervene in Kienbocks??	1	What is the role of surgery in Kienbock's disease?
C.147.873	17/12/2016	When should you intervene with scapholunate dissociation?	1	Which patients with acute ligament injuries to the wrist or chronic wrist/distal radio-ulnar joint (the joint on the little finger side of the wrist) instability benefit from surgical treatment rather than from non-surgical methods?
C.147.874	17/12/2016	What is the best treatment for severe cubital tunnel syndrome?	1	When is surgery of a greater benefit than non-surgical methods in the treatment of peripheral nerve compression (for example carpal or cubital tunnel syndrome)?

C.147.875	17/12/2016	Should asymptomatic ganglions be treated on the NHS?	1	In the treatment of common hand conditions, such as peripheral nerve compression syndromes (for example carpal tunnel syndrome), ganglia or arthritis of the fingers/thumb/wrist, do surgical interventions have a demonstrable benefit?
C.147.876	17/12/2016	What is best management of basal thumb joint OA in presence of SL gap?	0	
C.148.877	22/12/2016	What type of hand based splint is most effective in the conservative management of proximal phalanx fractures?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.149.878	30/12/2016	Is it what we clinically do as therapists that helps a patient recover or is it giving them time and validation?	1	Which hand therapy techniques enable the most efficient return to full function when a condition is treated without an operation, or following surgery or injury?
C.149.879	30/12/2016	Is there a link between the mechanism of the trauma sustained and the likelihood of developing Complex Regional pain afterwards? ie some element of PTSD	0	
C.149.880	30/12/2016	Is there a link between the quality and position of a plaster cast on a fractured wrist and the potential for developing CRPS once the cast is removed?	0	
C.150.881	30/12/2016	To what extent does smoking hinder the healing of fractures or tendon injuries after surgery?	1	What patient or surgical factors may contribute to complications or ongoing symptoms following treatment for common hand conditions?
C.150.882	30/12/2016	is there any difference to scar appearance when using bio oil compared to other oils/ creams	1	Can scar formation be manipulated to improve results following hand surgery/trauma?
C.151.883	30/12/2016	what is the optimum length of time to splint soft tissue mallet injuries and should we be treating bony mallets the same as soft tissue mallets?	1	Which hand/finger/thumb injuries would benefit from surgical intervention over hand therapy or no formal treatment, considering both functional outcome and societal costs?
C.152.884	02/01/2017	had large blood blister after injection which turned into a large open wound how long should it take to heal	0	
C.152.885	02/01/2017	why did hand swell to twice its size	0	
C.152.886	02/01/2017	why did it bruise so much	0	
C.152.887	02/01/2017	how long will procedure last	0	
C.152.888	02/01/2017	how many finger on one hand could you have done at once	0	